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Vol. 3 Issue 5

January 2006

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*It is up to you
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I'm excited to have the opportunity to write the editor's letter this new year.

Before you jump into this new semester of projects, papers, and the dreaded tests, make sure to take a few moments to think about your goals for the upcoming year. Not only do you get a fresh start with a new semester, but take the opportunity to meet new people, try something new, cross off one of those goals that you have on your lifetime goal list. (Mine is to go to Asia, and I'm saving up for this summer so I can check it off!) It is up to you to make this new year into one of the best ever!

Schooled Magazine is here to help you with a fresh start. Schooled Magazine is written for the students, by the students. We are here to help you through the 2006 school year by giving you a magazine to relax with, something to turn to for the hot topics, news, and events that affect you.

Our upbeat and awesome staff has put together great articles in this issue including how to keep your new year's goals, entertainment and restaurant reviews around Provo and Orem, and advice from the date doctor. The cover story is an inside look at break dancing. Discover what's true and what's not about cheerleading myths and if students take cops on bikes seriously.

If you're strapped for cash after the holiday break, learn about some unusual ways to make money and how to get a great tax return. And if you're looking to make some serious cash this summer, check out the Schooled Magazine's Summer Sales Guide, with information about different businesses that offer amazing opportunities for work during the summer. It's never too early to start planning ahead and working toward your goals.

Schooled always hits the hot spots every weekend so look for us around town. We are hosting a huge Hip Hop Dance Party on Saturday, January 13th at 24-Hour Fitness' basketball courts with a dance and a huge break dancing floor where you can watch or dance with the break dancers featured in the cover story of this issue. It's definitely a party that you won't want to miss.

With this January issue of Schooled Magazine, I can't think of a more inspiring way to greet the new year.

Photo by Amelia Nielson-Stowell



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Published by Fusion of Ideas, 1043 S. Canyon Meadow #4, Provo, UT 84606, with a minimum distribution of 10,000 copies and a readership of 40,000 per issue circulation, printed nine times throughout the year. Fusion of Ideas/Schooled Magazine is not responsible for incorrect pricing, or information listed or for loss or damage of unsolicited manuscripts. Statements, opinions, and points of view expressed by the writers and advertisers are their own and do not necessarily represent those of the publisher. Fusion of Ideas/Schooled Magazine is not responsible for typographical errors. Redistribution in whole or in part is prohibited. All rights reserved.

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Correction: The UVSC Hockey Team is an official club team. It was stated incorrectly in the Dec. issue.

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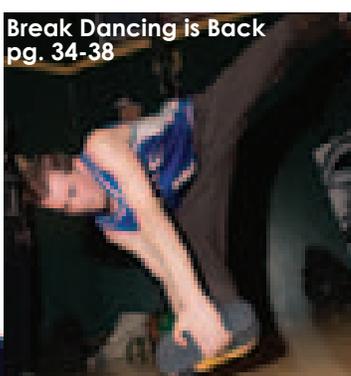
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Cover Art By Luciano Palladino
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- ▶ Check out Schooled Magazine online at www.schooledmagazine.com.
- ▶ Listen to our Podcast.
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Geocaching!!

The nerds may be having more fun than you if you don't know about the latest game: Geocaching! Geocaching is an entertaining adventure game for GPS (Global Positioning Systems) users. The basic idea of this treasure hunt is to have individuals or organizations set up caches over a large geographic region. The location coordinates are then given to the GPS user and entered into the GPS unit. GPS users can then use the location coordinates to find the caches. Once found, a cache may provide the visitor with a wide variety of rewards like toys, candy, coins or other small treasures. In the Provo zip code of 84606 there are 3,150 sites!

As of today, there are 221,436 active caches in 219 countries. For more info check out geocaching.com.

Facebook.com

So what do 75 percent of BYU & UVSC students have in common? They're all interacting on Facebook.com. Facebook.com connects you to people who are part of your school and it's addictive.

The site ranks ninth in terms of overall hits on the Internet behind fellow online network MySpace.com. The college directory logs over 250 million page views in any given 24-hour time period. Sixty-five percent of Facebook.com users log on every day because of its exciting social atmosphere.

Since it was launched to the public in February 2004, the online directory has 9.4 million unique users nationwide who log on each month, according to ComScore, a tracking service for internet use. And Facebook.com has become the student social Bible for definitive information on friends, classmates, and crushes. (You can check out their photos, who they have on their friend lists, messages, etc.)

You have to have a school e-mail to sign up, so if you want to be in the "in," go and sign up! Make sure to add Schooled Magazine as one of your groups!



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Schooled Magazine is sponsoring intramural teams at BYU & UVSC!

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It's no joke! Researchers at Vanderbilt
University in Nashville, Tenn. discovered that
15 minutes of laughter can burn as many as 50
calories. While laughing is no substitute for time
on the treadmill, the study shows that small
actions can add up. Over the course of one
year, a good laugh a day can burn "two to four
pounds of fat, even without changing your
dietary habits," says Mac Buchowski, Ph.D.

-Redbook Magazine



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The Date Doctor

Advice, answers & all you need to know about dating



By Don Osmond

I decided to do a little sleuth-work around BYU and UVSC to get the lowdown on why the guys are "not" dating.

Whether or not we want to admit it, a paradox exists in the dating world. Girls

complain because guys don't date – guys complain because girls use them for free dinners, electronics and cars.

So, I decided to do a little sleuth-work around BYU and UVSC to get the lowdown on why the guys are "not" dating. This is what I found. The average single, male college student considers dating a "form of commitment," which requires some mutual agreement of a "boyfriend" or "girlfriend" status. (Simplified: Dating limits one's choice to "play the field," so-to-speak.) Ouch! That doesn't sound too good. To complicate matters further, guys perceive girls as "aggressors." Unlike the animal kingdom where the male is showy and aggressive, fighting for the female's attention – guys now expect women to do all the grunt work. Yikes!

Men's view of dating has become more and more skewed as girls have become the predators and men the prey. The reason for the sudden change: ratios. There always seems to be more girls than guys. So the ladies have gone out of their way to bake cookies, clean, ask guys out and, well you get the point. Is it any wonder why men have become acquiescent on the dating issue and now expect women to approach them?

Guys:

I hate to say this, but guys ... it's time to cowboy up! Are you telling me you can go to some foreign country, learn a new language, talk to complete strangers, get rejected by 90 percent of them; but still lack the courage to ask a girl out?!!!

Ladies:

If the guy in the corner is hot, then flirt. Don't think he can read your mind. Do the guy a favor and let him know you're interested. And on a side note, makeup is not only for the thespians -- highlight your features. Ladies don't read too much into this; exercise, it does wonders for the self-esteem. Finally, women take a stand and don't put up with just hanging out. Make 'em work a little harder and insist on an actual date!

Q: "Why don't a lot of guys ask girls out on dates?"
-T. M.

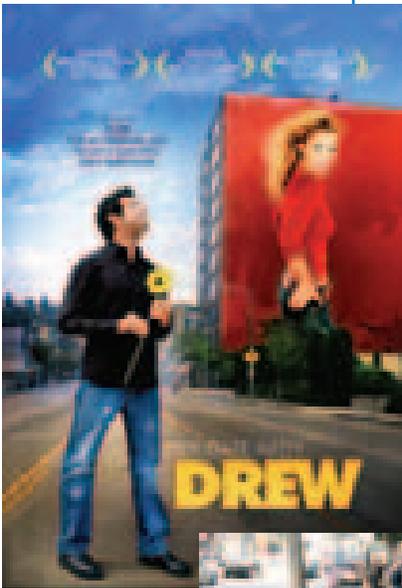
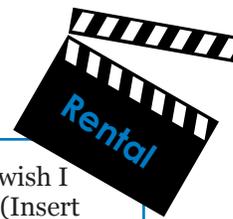
Apparently, dating has taken a back seat when compared to its alternative — hanging out.

This has been a challenge for me to answer ever since I received this e-mail. How do I go about telling a girl why it is that she doesn't date? Basically, hanging out has become the easy way out. In an essence, it means no commitment, no rejection and the guy saves money. However, what does it take to be a successful dater – and by success I would say going out on a regular basis? Some people date on a weekly basis and others go out on a monthly basis, and for some it is more likely to be a yearly basis.

The general consensus has been that the responsibility ultimately rests upon each of us individually. If I am not dating, it is my fault. If so-and-so is not dating it is her fault. We cannot point the blaming finger upon others for our lack of dating experiences. With all of that said, it seems there are a few things guys should be doing and girls should start doing.

Tips for Guys and Girls

Got a Question?
Submit it to us at
schooledmagazine.com



My Date With Drew



Who hasn't thought, "I wish I could date _____?" (Insert favorite celebrity's name here.) Even Katie Holmes fantasized about marrying Tom Cruise years before meeting him and becoming engaged... Brian Herzlinger, star of "My Date With Drew," is no different. He's your average guy, except for his above-average willingness to have his celebrity crush on Drew Barrymore be embarrassingly documented and publicized throughout indie film festivals and movie theaters everywhere.

Herzlinger sets out with \$1,100 he won from a local game show, two best friends, and a video camera he can't afford, hoping to get a date with Drew, whom he's admired since his subscription to her fan club at age 10. The film crosses between something I applaud, and something that makes me cringe, watching his awkward, amateurish attempts to woo a celebrity. For a vicarious shot at putting your self-esteem on the line in order to take a celebrity to dinner, check out "My Date With Drew."

-By Carolynn Duncan

Star Wars: Battlefront II.



Fans of the Star Wars genre of video games have something to be excited about. This game allows the player to have a campaign to fight and be in the action with a blaster or a lightsaber with a battle plan from the original or new Star Wars trilogy.

Laying aside the fact that the game has similar graphics to the original Star Wars: Battlefront, there are some definite features. For one, the world of Battlefront II now allows the player to fly in space, an ability sadly missing from the original Battlefront. What makes the flight levels exciting is the ability to fly as well as land and run around with a blaster. The game also offers the XBOX Live function.

-Matthew B. Christensen

Ghost Recon Summit 2 Strikes



Additional levels and guns from the original game allow you to take out the Pakistani warlord. Your player must stop the person responsible for assassinating the Kazkah President, while using your special-op training.

The graphics on the game are very realistic and your player is able to use different devices such as the ghost gun which allows you to look around corners while you have complete cover. It also allows you to laze nearby tanks and fortresses.

The online play is what really makes this game worth purchasing. With massive multiplayer games, it will allow you to team up or go solo. There are several different game types, such as the Helo Hunt, which allows you to hunt down different helicopters in the level. Other games include capture the flag and snipers making the online play some of the most realistic yet. -Russ Taylor

Club of the Month:

With so many opportunities to get involved on campus, each month Schooled Magazine features a club at either BYU or UVSC that is sparking attention! This month Schooled features BYU Club, "The Quill & Scroll." You've often seen its members walking around campus with medieval clothing, or dueling on the grass in front of the Wilk with wooden swords, but what you don't know is what this club does!

The Quill & Scroll Club meets once a week to discuss the fashion, culture, and history of the medieval ages. Questions often discussed include: How did people of that time keep up with hygiene... what did they do for fun, what types of music did they like? Last semester, the club held a Medieval Fashion show displaying different forms of dress and what was in fashion during those times.

Other Exciting Clubs to Get Involved In:

- Story Telling Club..... BYU
- Animation Club..... UVSC
- Juggling Club..... BYU
- Hip Hop Club..... UVSC
- Salsa Club..... BYU
- Fencing Club.....UVSC
- Belly Dancing Club.....BYU

Any interest you have, you can almost guarantee there is an organization to go along with it. College doesn't have to only be about books and studying. Get out and find a new hobby to keep you busy, make new friends, or learn something new. These clubs are becoming the hip place to be, don't miss out anymore and find one to join!

-By Melanie McDonald

Provo-based Matt Lewis Band (MLB) isn't just Punk, Hip Hop, Folk Rock, or Reggae! OK, so what the heck do they play? Asking around campuses in Provo and Orem, people have no idea what to call the band's style. All they can say is, "They totally rock, but they're not rock," "They're funky, without the funk!" This is one enigma that could even confuse the great Nobuyuki Yoshigahara, Japan's most celebrated inventor, collector, solver, and communicator of puzzles.

However, with all this confusion about what the band is, James Valentine lead guitarist Maroon 5 did proclaim, "You guys completely [own the] crowd!" MLB had the opportunity to open for Maroon 5 at the annual Girdwood Forest Fair in Alaska a while ago.

The band, which consists of bassist Chad Bates, drummer Cameron Runyan, and guitarist Jamie Timm together with Matt Lewis' freestyle rhymes produce a commanding stage presence. MLB has a crossover style that is due to their wide range of influences. But, MLB could easily fit on bills with Slightly Stupid, Ben Harper, Taking Back Sunday, Jack Johnson, Cypress Hill, and WHAT?! Willie Nelson?!

"Everyone in the band has their own influences; Chad and Cameron like Led Zeppelin, Jamie's into the heavy blues, and I like Kris Kristofferson and Bob Marley," Matt Lewis says. "But, we've put it all together and made it our own sound; our fans like it."

Their following consists of the dyed-hair teenagers with too many piercings, college students, as well as those struggling through a mid-life crisis. MLB's repertoire of eclectic music styles, creative sounds



MATT LEWIS BAND

and fast-moving lyrics have helped establish a fan-base that keeps people coming back for more and even bring new friends at every concert.

"They are funky, hip and fresh," says Roxanne Truesdell, 22-year-old graduate from BYU. "Going to their concerts is a great opportunity to get down with friends."

With all these comparisons and contradictions running amuck it's hard to know if the band fits more in the category of the grunge-like music of Sublime or the more Jason Mraz, but MLB can hold their own with any of these artists.

Leading MTV video director, Mike Scheartle, announced Matt

Lewis Band as, "one of the most promising new acts [he had] seen in a long time."

MLB continues to gain momentum in the Pacific Northwest and they're looking to bring their explosive live crowd-pleasing performance to the rest of the United States and the world.

"A lot of local bands try to hide the fact that they are from Utah -- we don't," Lewis says. "We want to represent Utah in a new way." **S**



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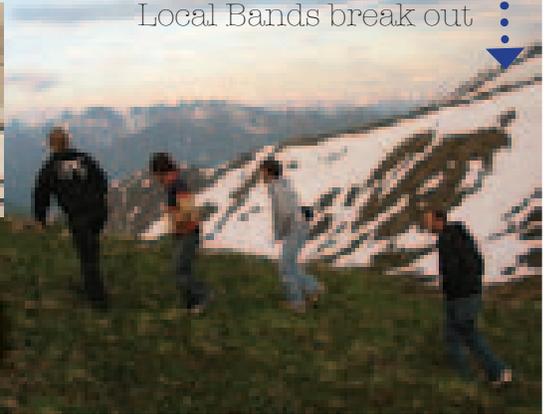


live artwork by: lucianopelidino@gmail.com

by Christopher Gong

Local Bands break out

Interview with Brinton Jones, lead singer of SLC based band Palomino. Palomino manages to produce a natural sound while exploring different styles of music. They do justice to their influences (Bob Dylan, Elliot Smith, Dave Matthews, Counting Crows) while still remaining unique. The result is a band with variety and real potential.



Palomino

Photos By Angela Snyder

SM: So Brinton, what got you into guitar?

Jones: I actually played base in high school. When I was a junior, I got into songwriting, but I didn't really have the opportunity to use language and lyrics as a base player, so I got into guitar playing to write songs.

SM: Can you tell me a little about your discography?

Jones: We only have the one CD, "I Felt I Had to do Something." Hopefully, we'll go back to recording this spring. We have 13 to 20 new songs to choose from for the new CD.

SM: How do you go about writing your songs?

Jones: I don't really go about anything. I feel like the ideas are already in you, and you just need to be ready when they surface.

SM: Who do you think you sound like?

Jones: Bands that I'd like to pattern myself after are Wilco, REM, and some Seattle bands like Nada Surf and Death Cab. But it really varies from song to song.

SM: Is it hard to be a musician?

Jones: There's a lot of risk involved, and there's certain challenges about it, but when things are working out, there's nothing like it.

SM: What are your long term goals?

Jones: (Laughs.) My goal is certainly to play music for a living, and beyond that, I don't know. I just take things day to day.

We'll get this record done this spring, and see what page everybody's on.

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Where to see them next:

Palomino

<http://palominocentral.com/>

Jan 13, 2006 7:30 Velour // Corey Fox's New Venue Provo, UT (Velour grand opening! With supporting acts Wires and Marcus Bently.) \$6. All ages.

Feb 04, 2006 8:00 Velour Provo, UT (With supporting act Andrew Norsworthy and Jared Woods.) \$6. All ages.

The Matt Lewis Band

<http://www.mattlewisband.com/>

Jan 20, 2006 8:30 p.m. VELOUR Provo, UT www.velourlive.com (Cory Fox's new venue!) 135 N. University Ave., right next to the old Muse Music. Joshua James and the Southern Boys!! \$5 Cover. Do not miss this one!



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entertainment

A Shooting Star

By Traci D. Marinos
Photos courtesy of ABC

Andrea Hale. You may not know her name now, but you will start hearing it over and over again on TV promos. She has become part of the phenomenon of reality TV by being cast for the dance competition show, "Dancing With the Stars."

Hale was contacted by the producer of the show after a dancer from the previous season recommended her as a top dancer. At first she was ecstatic about the opportunity until she realized she didn't have much time to get a novice to a professional.

The show pairs up celebrities with professional dancers and gives them only weeks to teach them how to dance. There are 10 couples who compete in the beginning and are critiqued by judges and ultimately judged by the viewing audience. Teams are eliminated each week until the final week produces the winning couple.

"I think we have a great shot because Kenny is practicing really hard and he has such a great personality -- that makes it fun for everyone," Hale says.

Her partner is Kenny Mayne, a freelance reporter for ESPN. In her words, he is "raw," meaning he hasn't had any dance experience at all. However, Hale's experience may be enough to carry the both of them. She started dancing when she was two and started competing when she was 11 years old. In college, she danced on the BYU Ballroom Dance Team and the UVSC Ballroom Dance Team. She is currently a coach for competitive dancers and also teaches private dance lessons.

Even with all of her experience, this has been quite a unique situation for both Hale and Mayne. Why would an ESPN reporter want to do this you ask? Because he heard Jerry Rice was doing the show. Why would Jerry Rice do it? We're not quite sure. It is tough work and lots of pressure. Unlike last season, this season every show will be LIVE. That's a four-letter word in Hollywood.

"I was nervous about having all of the competitions on live TV, but my dad made me realize that everything I've done in my dancing career has been before a live audience," says Hale.

Not only is the camera rolling at the competitions but Hale has her very own cameraman assigned to her. Whenever she and Mayne practice,



there is a camera shooting. "They don't want the audience to miss a thing," says Hale. "I'm amazed at what goes into a production like this. I think, 'these guys are spending millions of dollars on this and it's not even a movie.'"

Hale's biggest fear is the tight time frame that they will be working with when the show actually begins. The show airs every Thursday and then a couple is eliminated on Friday. If you move on in the competition, each couple only has four days to learn a totally new dance before the next show airs. She and Mayne were able to practice some basic steps through the month of December when she would fly to Connecticut every weekend to Mayne's home.

With her family, friends and fellow dancers in Utah, you may start seeing bumper stickers that say, "Vote for Andrea and Kenny." Now you'll know why!! She'll definitely have our vote!

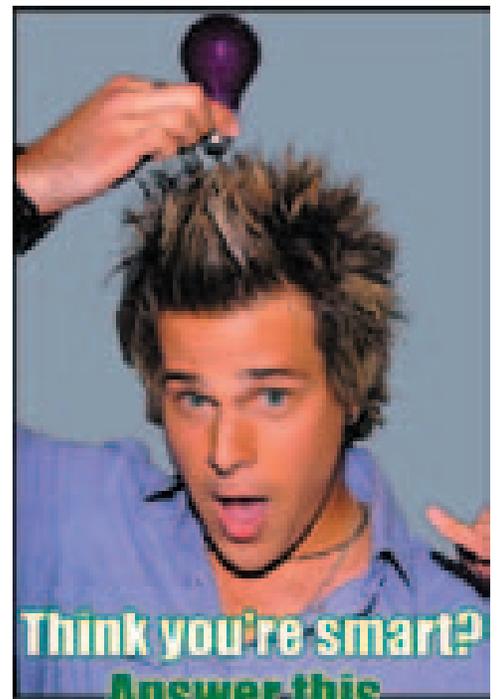
S



Back Again for Season Two

Another Utah dancer is teaching the stars!! Ashly Delgrosso will be appearing AGAIN on ABC's "Dancing with the Stars." Last season, she danced with New Kid Joey MacIntyre. This season, she will be instructing P. Miller (aka Master P), a rap artist who also played last summer for the Sacramento Kings. Due to an untimely basketball injury, son Romeo – a teen rap sensation in his own right – dropped out of training for "Dancing with the Stars." Master P agreed to step in for his son in the dance competition.

Delgrosso will have her work cut out for her but if anyone can handle it, she has the experience to. Delgrosso has been dancing since she could walk. Her mom owns a dance studio in Orem and dancing naturally became a part of her life. As a professional dancer, she and her partner won several competitions including the Holiday Rising Star Champion title. We'll be cheering for her in this competition!



- * On the Ren & Stimpy Show, what kind of a dog was Ren?
- * What New York Mets first baseman had a recurring role as himself on Seinfeld?
- * Neverland Ranch is home to what pop star?
- * What university did Matt Damon attend?

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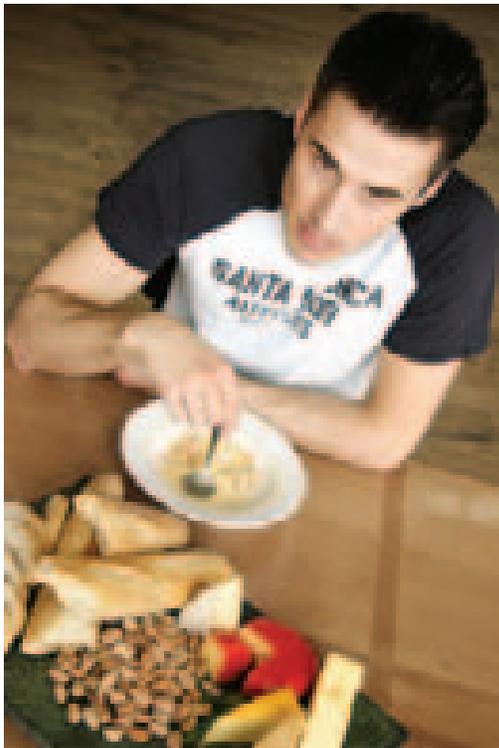
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Spice it Up!

Are you ready to spice up your weekend nights and go somewhere unusual? There are tons of tasty and unusual restaurants in the Provo/Orem area. Break out of the mold of going to the same place every weekend and try something new! Here are just three unique restaurants in the valley. **By Esther Harris**



Photo By Teagan Alex



If you're ready for a fun adventure, try Se Llama Peru, located in Provo on Center Street. It is pretty impressive if you can go to a restaurant on a Friday night and not have to wait. You heard me right, you are seated immediately! So if you hate waiting for your table to be ready, then Se Llama Peru is for you. And the fact that there are no crowds is no reflection of the quality of food. Se Llama Peru gives you authentic Peruvian food as you embark on a memorable experience. They serve seafood, chicken, steak, soups, and salads. Prices range from \$7 to \$10 for dinner. If you're feeling daring, order the beef heart appetizer (just don't tell the rest of the group what it really is). Here is your big chance to try yucca, raw fish, calamari, aka squid, and the infamous Inca Cola that you always hear about. If you're not feeling so brave, you can stick with Bistec a lo Pobre, which is french fries served with steak, or order a salad. Arroz con Marisco was my favorite, which is basically rice, shrimp, and a few other creatures that you'll find in the ocean. Then finish the night off with delicious chocolate pastries. Se Llama Peru is a great place to take your date or hang out with the gang because you have the restaurant to yourselves and the menu itself is a great conversation piece. Se Llama Peru also provides a good experience if you want to practice (or show off) your Spanish skills. The restaurant offers a casual setting and is so different than other restaurants in the area. Jessica Hobbs, a 21-year-old student at BYU says, "Se Llama Peru is so cool because you can listen to the music, talk to the workers in Spanish, and the menu will always give you something to talk about."

If a cow's heart makes your stomach churn too much, but you are still in the mood for something unique, try Thai Ruby. Thai Ruby is on 700 East, just south of BYU Campus. Thai Ruby is also a restaurant where you wait less and get your food faster. Meal prices range from about \$7 to \$14. Thai Ruby offers a variety of meals,

such as Thai noodles, curry, stir fries, and rice dishes. With curry, you have the option of red, yellow, or green, and you can also select the spice level. They also serve Papaya and creamies, which are delicious. The food at Thai Ruby is good, and the restaurant itself is a wonderful place to eat. Cheryl Johnson, a 20-year-old student at BYU says, "The atmosphere at Thai Ruby is relaxed yet sophisticated. It is a great place for dates." The setting at Thai Ruby is fairly quiet with soft lighting and music. The atmosphere is similar to that of Olive Garden minus "That's Amore" playing in the background. And if the bathroom counts for anything, Thai Ruby has one of the nicest, cleanest bathrooms I have ever seen. Another plus about Thai Ruby is that if you live south of campus, you can walk there. If you have never tried Thai food or if you have an insatiable craving, go to Thai Ruby. It provides a pleasant surrounding, conducive to easy conversation and a good time in general.

For those who want to try something new, but are too lazy to even leave their house, order in. Lotus Garden is a great Chinese restaurant in Provo on Center Street and delivers. The price range varies from about \$5 to \$15. There is a wide variety including tra-



What's the Most Unusual Restaurant in Provo?



- Zupas- Erik Krisle, senior at BYU
- Malt Shop- Jessica Wheadon, junior at UVSC
- El Salvador Restaurant- Bret Anderson, sophomore at BYU
- Bombay House- Haley Mortensen, senior at BYU
- Kneaders- Benjamin Telford, freshman at UVSC
- Tucano's- Kari Sunderland, sophomore at BYU
- Se Llama Peru- Ryan Palmer, junior at BYU
- Sweet's Island Place- Ray Loveless, junior at UVSC

ditional Chinese dishes such as happy family, fried rice, sweet and sour pork/chicken, and sesame chicken. You can also experiment with bamboo shoots, tangerine beef, volcano shrimp, Mongolian beef, seafood delight, sweet and sour shrimp, crispy duck, and Kung Pao shrimp. If you want a quiet evening at home, but still want to eat some really good food, Lotus Garden is perfect for you. You still will have to get off of the couch and open the door, but you can stay in your pajamas, curl up on the couch, and stuff your face with egg rolls.

These three restaurants offer scrumptious, unique food with much more variety than the usual dollar menu. And the part that is the most fun is just trying something new. How many people can say they have eaten a beef heart or danced in a Thai restaurant? Or who knows- your fortune cookie might change the rest of your life. So don't let the winter blues stop you from having a great time. Be adventurous and go try some unusual food! **S**



Photo By Teagan Alex

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Pushing your 30s:

Meet the Menace and Spinster Society from Happy Valley **By Stephanie Fowers**

Do you Feel Like an Old Maid or Old Man Even Though You're Only 28?

Each month, Schooled Magazine takes on the topics that are causing a stir with local college students. This month: Students pushing their 30s.

Raise your hand if you remember Rainbrow Brite, ripped jeans, and Transformers, and I'm not talking about the retro crazes either. You know who you are... so what are you still doing in Provo? That's the question that I always get, and while you're scrambling for an answer, let's get a few things straight... we're not alone, there are thousands of us here in the same boat.

Take it from a girl who's pushing her 30s, who might not ever tell you how MUCH she is pushing it...even if you beg (though she's supposedly over it), 'cause here's the deal, life's not over 'til you say it's over, and...we geezers still have a lot to offer, just watch Karate Kid if you don't believe me!

OK, so I've interviewed a few friends of friends who I know and love, who actually have some experience on the subject, seeing as they are pushing their 30s. Their names have been changed to protect them from...prejudice? Here?—in Provo? They're the 'pushing 30s' crowd with a variety of dating backgrounds: some engaged before, some who've never dated, with a lot of diversity in between. Basically, I was trying to get tips on how to hide your age or what cities to flee to since we weren't really wanted here, but what I got was a complete surprise.

SM: So, what's it like being single in Happy Valley and not fitting the 'stereotype'?

- Jem: I feel like I have many friends that are in the same situation I'm in right now, which is nice.
- Mr. T.: Although everyone pretends that you are accepted in their world, you can tell you aren't.
- Bruce Springsteen: I actually enjoy not fitting the stereotype. It keeps people guessing.

SM: How do people treat you?

- Mr. T: They try to set you up with people that are, for the most part, single for a reason.
- Glennford and Sons: I feel loved with whomever I am socializing with. I feel as if people feel comfortable about coming to me for certain problems.
- Pat Benatar: I always avoid it, but once people find out, I'll own up to it and let the consequences fall. Once my friends know me though, they don't care.

SM: Does it make a difference to the people around you?

- Jem: Most of the time people act shocked when they find out how old I am. They think I look younger than that. At least that's what I tell myself.
- Cordelia:I regularly date men that are younger than I am, almost have to!

SM: What are some things people have told you?

- Punky Brewster: Oh this one's good, 'You're so picky that you'll have to wait 'til the second coming for your perfect man to come along and I'm pretty sure that he's been taken.'
- Bruce Springsteen: I am the ward's most eligible bachelor. That's my favorite.

So if you're one of those students pushing your 30s, there is nowhere to hide. You just have to learn to deal.

S

If You're Pushing 30s, Looks Like You're in Good Company

City of Provo
16.5 percent of the population is 25-34 yrs old

UVSC students
29.4 percent of student body is 25 yrs +
11.8 percent of student body is 30 yrs +

BYU students
25 percent of student body is 25 yrs +
5.7 percent of student body is 30 yrs +



BORED NO MORE

What to do in the winter if you don't ski or snowboard

It's finally started to snow and all of your friends are headed up the canyon to take off and head down the slopes. One problem...you don't ski or snowboard. Great, looks like another long winter filled with nothing to do but sit inside and watch TV, or maybe you have started to master every single video game out there. **By Melanie McDonald**



Ditch the Skis-Try a Sled

If you don't actually want to go down the mountain on skis, try going down some hills on sleds. There are plenty of great hills that will be sure to give you a thrill. It will get you out of the house and you can take advantage of the greatest snow on earth! After a day of being outside in the cold, warm up with a steaming cup of hot chocolate. Some favorite places to go are: Fresh Cup Coffee Cafe, Juice 'n Java, and Barnes and Noble.

Trade in the Snow for Some ice

If you still want some winter fun but want to stay inside check out the Peaks Ice Arena located at 100 North Seven Peaks Boulevard. There you can learn how to fulfill a lifelong dream of becoming an ice-skater, or just mess around with some friends. They also have different

activities to watch like hockey games and different sports events. Their website contains useful information about when they are open and what activities they offer at www.peaksarena.com.

Stay Warm for a Change

Sometimes it is nice to stay inside and relax with activities that keep you warm. There are many basketball and sports fans out there, so try catching a game of one of your favorite teams. Head up to the Delta Center and check out the Jazz play or the Grizzlies if you are into hockey.

Instead of a ski Pass, buy an Outfit

This season is also a wonderful time to shop!!! The stores are all filled with after-holiday specials and there are many great deals out there for you to find. If you want some new scenery besides the shops

around Provo and Orem, you could plan a day excursion up to Salt Lake and go to one of the many shopping centers up there such as: Gateway, Crossroads, Southtowne, just to name a few. Or you could even go to Park City and check out the fabulous outlet stores. There you can find all the latest fashions at a great discount!

Watch a Good Movie

Wintertime is a good chance to catch up on movies you have missed. You can head out to the theaters and see the new releases, or you can rent a flick and snuggle up by the fire with a special someone. There are many different video stores that have a huge selection to choose from. Some of them include Hollywood Video, Blockbuster or Clean Flicks. There is certain to be something there for everyone with different interests.

Spend the New Year With a Celebrity

The New Year also starts off with many activities for you to do. You could head up to the Sundance Film Festival which runs January 19-29 in Park City. This is where they have different films made by independent and international film makers. Tickets can be purchased online at their website festival.sundance.org. That is also where you can find more information about the different films that are being shown and when they are playing. Who knows, maybe you could even see someone famous!

So if you think that you don't have anything to do because you don't "hit the slopes" everyday that is where you are wrong. We don't have to sit around and be bored anymore. There are plenty of things to do, we just need to get out and do them! **S**

feature

Good Cop, Bike Cop



Should Car-less Officers be Taken Seriously?

By Jamie Littlefield

I admit it. I broke the law.

Finding myself permit-less, I pulled into a lot that clearly forbade the parking of student spouses. I was about 10 feet from my car when I noticed an ominous tow truck making the rounds a few rows behind me. I looked around, trying to assess my risk factor, when I spotted two beefy policemen, tickets in hand, taking hefty strides toward my Nissan. I had to think quickly. Another 30 seconds and I'd be slapped with a \$50 fine for unlawful spousal parking.

There were two choices before me: be mature and discuss the situation with the approaching officers or split. The policemen were making their way on foot. I was younger. I was faster. I decided to make a run for it. Putting my hands in my pockets, I walked briskly to the car, trying to appear calm. As soon as I reached my seat, I twisted the key, shifted to reverse, and slammed my foot on the gas. By now the officers were shuffling over with somewhat increased swiftness. But, there was no stopping me. I hightailed it out of that parking lot and headed for the highway.

Why didn't I wait? Frankly, I wasn't scared of those guys. Had they driven up in a flashing cruiser or even ridden by on sleek motorcycles, I would have been more likely to take them seriously. But, without the vehicle, the cops seemed strikingly human and fallible. I admit it – like many Americans, I am a common perpetrator of vehicular prejudice.

Why is there such prejudice against officers surrounded by less steel? It's only natural. Everyone is judged by their car. Minivan? Think big, happy family. Sports car? Cha-ching. Ferrari? Mid-life crisis. Police car? Slow down. Now.

Police cars are intimidating. The red lights and black stripes are enough to slow down the most careless speeder. Even if he's packing heat, a man peddling a two-wheeler or jogging by in sneakers just doesn't have the same effect.

Bicycle Beginnings

Cycling officers became popular in the late '80s. (Unfortunately, many of today's cycling uniforms also appear to be remnants of that decade.) Departments wanted patrolmen to maneuver easily in highly trafficked areas and connect with the people they were serving. They noticed it was easier for concerned citizens to talk to an officer if the patrolman wasn't enveloped in a case of solid steel and bullet-proof glass. They also noticed that the two-wheelers provided a more stealthy way of sneaking up on criminals.

According to the International Police Mountain Bike Association (www.ipmba.com), "Bicycle officers are better able to use all of their senses, including smell and hearing, to detect and address crime. Bike patrol officers are often able to approach suspects virtually unnoticed, even in full uniform." Originally these officers patrolled beaches, parks, and other wide-open public venues. But, the idea soon spread to city streets and schools of all sorts.

School Patrols

Both of Utah Valley's local universities, BYU and UVSC, provide bicycles for their officers. Their men in blue can be seen peddling along with Glock in their holsters and sticks at their sides.

Part-time BYU bike patrolman Carl Whiting claims that the mountain bikes make an excellent addition to the department. "They are a very effective manner of patrol," he says. "There are issues that are harder to address in patrol cars. The response time is probably better on a bike."

Whiting believes that students have just as much respect for bike patrolmen as they do for those in cars. But, when the occasional ruffian causes a stir on campus, Whiting is

ready to give chase. He once dropped his bike to run after an escaping skateboarder. The LAPD veteran grabbed the young man by the strap of his backpack and issued a ticket, as well as a warning against running from the police. "If they have that much disrespect for the law, I think it's my job to catch them," says Whiting.

Due to lack of manpower, UVSC's five mountain bikes have been sitting still during the past year. But, UVSC Chief of Police Tracy Marrott is a strong believer in their usefulness. The department is absolutely hoping to use them in the future, he says. "You can sneak up on people and cover a lot of ground. You can get to places you can't get to in a car." When asked if students respect cycling officers, Marrott answers with an unequivocal "Yes."

Student Reactions

Not all students agree with the departments, however. When asked if they take car-less officers seriously, most respond with a haughty scoff. "If an officer is on a bike, I think of him as a security guard, not a police officer," says BYU student Daniel Shepard, 22.

Many express skepticism about the purported benefits of cycling. "Anyone with those helmets and shorts can't be taken seriously," says 26-year-old Mike Winchester from BYU. "A guy riding a bike can't see what's going on around him."

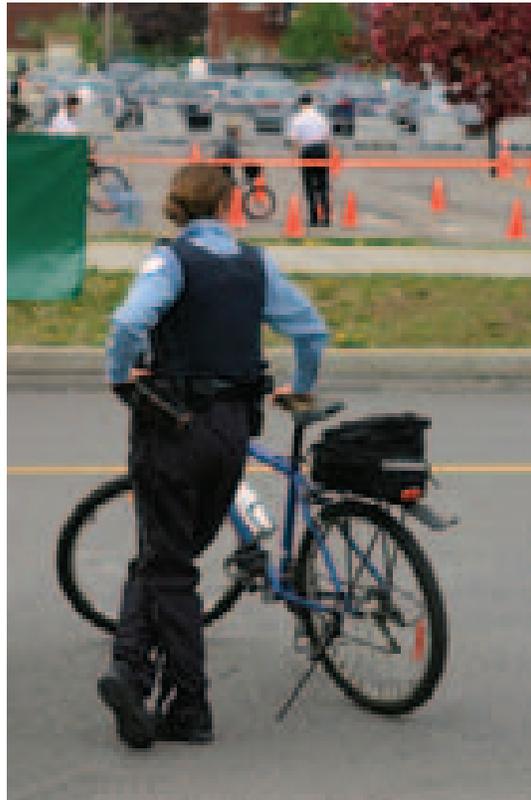
UVSC student Steve Palmer, 24, agrees. "In most situations bikes are useless," he says. "If you're driving you can outrun a bike. If you're in a crowd you can outmaneuver a bike."

But, not everyone is so quick to judge. Twenty-two year old UVSC student Kelli Palmer gives a sly grin at the question. "It depends on what kind of shorts they're wearing," she replies. **S**

From the Bike Chase Files:

Local Jaywalker Runs from Car-less Officer

Local student John Doe (names have been changed to protect the guilty) was late for class. He was standing at a crosswalk, watching the red hand, when he had a sudden urge to defy the law. He looked both ways, of course, but then continued across the street. Shocked pedestrians watched in horror as he walked right into a fully uniformed police officer, waiting on the other side. The officer gave John a stern look and whipped out his papers to write a ticket. Flustered, late, and not wanting to pay up, the jaywalker took off running as the officer yelled "Stop!" The two ran circles



around the campus until John gained enough distance and burrowed himself in the middle of a crowd. Not wanting to give up, the officer searched the crowd for several minutes until it became painfully obvious that yet another jaywalker had escaped.

Fleeing Man Charged with Felony

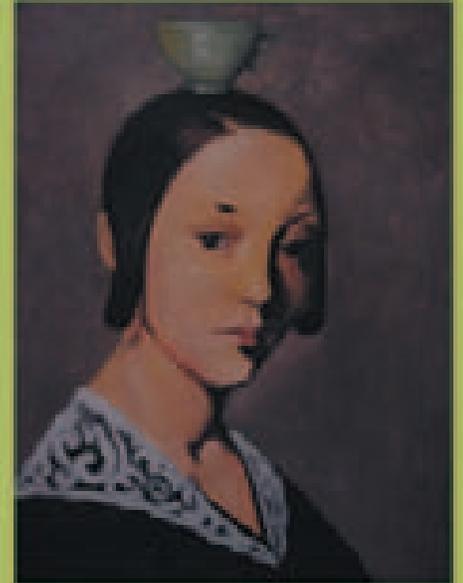
In 2000, a man from Washington State found himself behind bars after running from a cycling officer. During heavy traffic, the officer had peddled up to the man's vehicle and asked him to pull over. Instead, the suspect put the pedal to the metal and began weaving through the congested traffic. The officer took off after him and called for backup. Due to heavy traffic, the suspect was unable to escape. As the bicycle officer neared, the man jumped out of his car and tried to make a run for it, but was tackled by the officer and one of the back-ups. He was later found guilty of a state law making it a felony to drive dangerously while trying to evade a police vehicle.

Before You Run Consider the Following:

- If a law enforcement officer asks you to stop, you are legally obligated to do so.
- If you're caught running, charges for an infraction (such as a parking violation) could be changed to a misdemeanor.
- License plate numbers can be used to track violators.
- Running away tends to make suspects look guilty.




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We Asked You... What Are Your Fitness New Year's Resolutions? You Answered...

bye-bye winter blues

Don't let snowy skies or the cold air be a weight-loss setback. To keep motivated, check off these three goals by the end of the month!

1. Take up a new winter sport. Just because there's snow on the ground is no reason to abandon your fitness routine.

2. Recruit a roommate or study buddy to be a gym partner.

3. Try on your swimsuit to see how it fits. If this doesn't renew your motivation, nothing will!

Fitness Fact of the Month:

The average person feels down about three days a month, according to the U.S. Centers for Disease Control & Prevention. So if you're having a bad day, don't worry about it! It happens to everyone!



I'm going to try to eat more veggies and fruits, have real meals and strategize good workout techniques. ALSO, when hiking with my iron lung friends, I want to keep up without begging for mercy.

-Stephanie Fowers

I'm going to stay away from junk food. Instead of going out, I'm going to try to make myself more meals. I'm also going to register for a marathon this summer, so I have something to work for right now.

-GJ Stowell



"I usually pick one food not to eat all year for new years, this year was pudding, the year before that was ice cream, I think next year I'm not going to eat any donuts."

-Kristen Barlow

I'm going to stay at the gym longer and make sure to do at least 30 minutes cardio with a weight workout.

-Chris Williamson



My goal is to work out at least three times a week, incorporate weight training more often into my workout at least twice a week.

-Heidi Hamilton

Tips From an Expert

Keeping Your New Year's Resolutions

Many of you have just set your goals for the New Year and health and fitness should be included in at least one of them. The most important thing is to keep motivated. Motivating yourself to be fit will help you look better, feel better and be healthier.

When setting your goals, remember to take small steps. The biggest misconception is that we are superhuman and can overcome a habit or reach a goal in one day. Fitness goals don't happen overnight, they take time. Make sure you take small steps to get to your goal. And reward yourself when you achieve it.

Your fitness habits and the goals you set for yourself while in college will help you in the future.

Just one last suggestion as you start to implement your New Year's goals... People will spend their lifetime to acquire their Wealth and they give up their Health. Make your Health your Wealth, and you can do everything and more.

Jed Hanson, the owner of Fitness Pros is one of the best fitness trainers in Utah. Currently, he is the Head Strength & Conditioning Coach for the UVSC Hockey Team and the Corporate Trainer for Tahitian Noni. Jed is a Post-Rehab Conditioning Specialist (P.R.C.S.), Certified Personal Trainer (C.P.T.), Certified Reboundologist (C.R.), and a Larry Scott Certified Trainer (L.S.C.T.). Jed also specializes in Women's Fitness.



Jed D. Hanson

body makeover

Over the past four months, Schooled Magazine teamed up with Jed D. Hanson at Fitness Pros to do a body makeover on two of our own writers. During the last four issues, you've seen them shrink sizes and learn all about proper health and nutrition (to read past articles, visit schooledmagazine.com). You've also probably seen them in the gym with their T.E.A.M. Schooled T-shirts on and working hard. Four months later, these two are proud of where they are today and are excited to show you what they've achieved.

Erin Delfoe



before



now

It's the end of our fitness challenge, and I have learned a lot. Here are some of the things that have helped me the most.

- EAT IF YOU'RE HUNGRY!** If you don't eat, you'll just binge later. Just make sure what you eat is healthy.
- DO CARDIO IN YOUR TARGET HEART RATE ZONE** -- It's pointless if you don't.
- IT'S BETTER TO LIFT CORRECTLY THAN HEAVY!** It's much more effective, (and harder) to do a lift right with less weight, than wrong with more.

- BE CONSISTENT.** I learned the hard way that if you only work out once a week or eat healthy three days a week, you won't see results.
- TALK TO A PROFESSIONAL.** You'll be much more effective if you consult with a trainer to make sure you are exercising and eating correctly.

If you can't afford training sessions three days a week, just set up one or two sessions to get everything down and then try it on your own. I hope this helps. It sure helped me!

Before:
Weight: 132
Body Fat: 23%

5' 6"
Age: 25

In 4 months...
Weight: 128
Body Fat: 19%

Lost 4 pounds total. I started out at 30 pounds of fat and am now at 25 pounds of fat.

Lost 2.5 inches on my hips

before



now

Photo By Amelia Nielson Stowell

Before:
Weight: 185
Body Fat: 32%

5' 10"
Age: 23

In 4 months...
Weight: 168
Body Fat: 30%

Lost 17 pounds total (4 pounds of body fat). Other achievements: I lost 3 inches on my waist and 3.5 inches on my hips

Deborah Taylor

The last four months have been challenging and I'm excited that I've lost 15 pounds! I feel great, and I've learned so much from Fitness Pros about how my body works and the importance of being responsible to myself about my fitness goals. I haven't lost all of the pounds that I set out to lose, but I have learned that you have to take baby steps to achieve success. It takes time and perseverance to reach your goals and I'm excited to keep working toward them!

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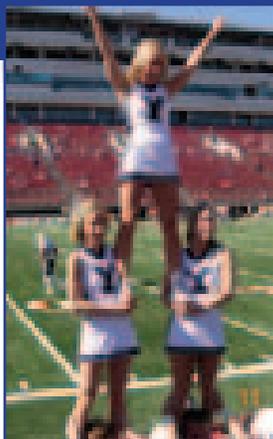
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Some CHEERful facts:

Stereotypes and opinions are one thing. But facts are quite another!

Here is a list of interesting cheerleading facts for your enjoyment. Some of them might just surprise you!

- ★ 98 percent of female and 20 percent of male cheerleaders were former gymnasts.
- ★ There are roughly 5 million cheerleaders worldwide.
- ★ Cheerleading began in 1898 when Johnny Campbell led the first cheerleaders at a University of Minnesota football game.
- ★ Megaphones were first used in the early 1900s and pom-poms were invented in 1930.
- ★ 80 percent of U.S. schools have a cheer squad.
- ★ There are about 3 million cheerleaders in U.S. schools.
- ★ 600,000 of those are ages 18-34.
- ★ 50 percent of collegiate cheerleaders are male.
- ★ 12 percent of cheerleaders are also dancers.
- ★ 62 percent are involved in a second sport.
- ★ 83 percent of cheerleaders have a 'B' average or better.
- ★ Former cheerleaders include U.S. President Dwight D. Eisenhower, actors Kirk Douglas and Jimmy Stewart, and actresses Meryl Streep and Teri Hatcher.



“A biased mental picture to characterize the typical individual of a group.”

By Jeremy Holm

‘Ditzy Bimbos.’ Words used to describe the group of athletes known as cheerleaders. They were also the beginning of my venture into this visible, yet misunderstood world.

Students interviewed referred to cheerleaders as: ‘non-athletic’ or ‘Barbies without brains.’ It was apparent that people enjoy watching them during the games, but often have little respect for the cheerleaders themselves. I wanted to find out what it’s really like. (My editor had to twist my arm about this one.)

In interviewing these talented Cougar women, I learned that the cheerleading world is more than just performing for thousands doing potentially dangerous stunts. It is hard work, dignity and trust.

1. Hard Work

“I love cheer,” said Jessica Bingham. “But it’s a lot of work.” She has cheered for five years with an area All-Star team during high school and coaching cheer camps.

The Y’s squad practices four days a week for three hours. They stunt at games twice a week and each member of the squad must complete three cardio workouts and two weight sessions outside of practice and games.

“We have to keep in shape,” she commented. “With what we are doing out there, the choreography, the pyramids, the stunts... We are constantly defying gravity and what we think can’t be done. It takes work.”

Lauren Marsh added, “The longer I’m in the sport, the more I understand how much it takes. You have to be fit and strong. We sweat and we ache.”

2. Dignity

Cheerleaders are NOT sex objects, placed on the field to do nothing more than provide eye candy.

In the interviews each of these cheerleaders displayed two characteristics: self-confidence and an understanding of what they represent.

“We have to focus out there,” continued Marsh. “I’m proud of myself for cheering. It’s given me a way to get involved at school and get to know people. It’s been a big self-confidence thing. I want to be better and set



Photos courtesy of BYU

goals.”

Cheerleaders must not only exuberate this confidence on game day, but must uphold a high level of achievement off the field. They have to maintain their GPA, attend practice, games, and outside events for the college.

“It’s exciting to perform,” Bingham said. “But I know we’re walking banners for the school. People watch us. We have to make sure we are representing the school well.”

3. Trust

“It’s dangerous,” laughed Autumn Saxon, out with an injured foot. “There is so much skill involved with tumbling, stunting, and dancing. We have to work really hard for it.”

Injuries for college cheer squads are significantly higher than high school or even professional squads because of the difference in rules and the level of difficulty of the stunts.

“You have to trust each other out there,” Bingham said. She was also injured with a fractured bone in her foot. “You have to know that someone will be there to catch you. In cheerleading, you work together.”

Cheerleaders are often portrayed as overly spacey with a limitless amount of social energy. While the former is certainly not the norm, they DO possess an openness that is simply refreshing. They have a friendliness that most of us love to be around.

“We’re there to get the crowd excited during the games,” said Saxon. “I love the enthusiasm of performing in front of a crowd.”

The bright eyes and the smiles that you see from the stands are not simply faces that cheerleaders put on during the game. They hold that warm sense of friendliness and a positive outlook on life. It’s who they are, not what they do.

Personalities like theirs have the ability to energize us in life.

“My biggest pet peeve is when people are afraid to try,” commented Marsh. “What do you have to lose? Just give it your best shot!”

“A lot of people underestimate their talents,” Saxon said. “You never know until you try. It’s worse to not know what might have been.”

S

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By Patricia Auxier



Photos courtesy of BYU



The men of Volleyball



BYU

One thing's for sure: The BYU men's team knows volleyball. Ranked #1 in the first-ever conference Preseason Men's Volleyball Coaches' Poll for the 2006 season, these boys are working hard to maintain the legacy of excellence that the program has developed over the years.

Prepping for the season, all the players devote time to working up the physical and mental stamina needed to face tough teams like UCLA, Pepperdine, and Long Beach State. Ivan Perez, a 6-foot-4-inch sophomore from Puerto Rico, says they are focusing on their mental game.

"We know we're great athletes," he says, "but it's about cutting down the errors, being mentally tough. When things aren't going the way we want, making it turn around."

The 6 foot Brian Rowley, cites one of the ingredients for BYU's success is the crowd. He says, "Everyone shows up and the atmosphere is awesome. You just walk on the court and there's 5,000-6,000 people screaming at the top of their lungs. Other places, maybe 1,000 show up. And here the crowd is right on top of you, so it's really loud." The growing popularity of the men's volleyball packs the Smith Fieldhouse full of fans, creating a powerhouse of sound and support.

One of the strongest advantages the squad has is the wealth of returning players. All-Americans Ivan Perez and Victor Batista, All-MPSF setter Rob Neilson, defensive player Brian

Rowley and Taylor Evans, regular starters of the 2005 season, are joined by Russell Holmes who started in 13 matches last year.

Russell Holmes, a 6-foot-8-inch sophomore out of California, says, "We played each other all throughout last year, and then we had the summer to work out individually. So we're stronger this year, and experienced with each other. We have strong players at every position."

There is a sense of camaraderie on the team which binds them together. Perez describes it as a "Band of Brothers." He says, "We're best friends on the court and off. I come from Puerto Rico, so I don't have family here. But I can say that this is my family. They're here to help me and back me up." Other players noted that they look for each other first at parties and hang out outside of practice. This sense of unity helps the players depend on and trust each other on the court.

Check out our calendar for upcoming home games.

(continued pg. 28)



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Next Home Games

January 19	8:30 PM	Cal Berkeley Golden Bears
UVSC Homecoming Game		
January 20	8:15 PM	Utah State University
January 21	8:30 PM	Weber State D2
January 27	8:15 PM	Staff/Alumni Invitational
February 2	8:30 PM	University of Colorado
February 10	8:15 PM	Weber State D2
February 11	8:30 PM	Utah State University

*All Games at Seven Peaks Ice Arena, Provo

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UVSC: A Team of Promise



UVSC is working hard to turn their club program into a varsity sport. The team from last year showed a lot of promise, winning tournaments and gaining the respect of other teams.

This year, the young team has a lot of potential with 14 freshmen, two sophomores, four juniors, and only one senior. Logan Karratti, one of the more experienced players on the team says, "I learn something new from all the players. You can teach old dogs new tricks. Just by watching others play and how they deal with the game on a mental basis helps develop how I play."

The Wolverines are doing a lot of traveling this upcoming season. While they hope to build up the program within the Mountain West Conference and various colleges in

the region, a lot of the current competition resides in California. Arizona, San Diego, and Las Vegas also provide rigorous competition which helps UVSC display their rising talent. Within Utah, the U provides a great match of skill and determination to claim the court.

Besides the goals on the court, which include contending for the conference championships, the team hopes to foster the growing popularity and talent on UVSC's squad. **S**



Photos courtesy of UVSC



Logan Karratti

By Patricia Auxier



What: UVSC Men's Club Volleyball

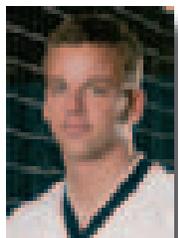
A returning starter for the UVSC men's club volleyball team, Logan Karratti eats, drinks, and sleeps volleyball. His father played volleyball for Hawaii and began to teach Logan the game as a young boy. Even though Utah doesn't have a strong volleyball tradition, Karratti found ways to develop his skill including one on one practices with his father and playing for the Utah Valley Volleyball Club which went to the Junior Olympic Nationals.

Karratti's strength lies in his dedication: He's there before everyone else, and he tries to be one of the last ones to leave. He has more experience than the most of the young UVSC team, but relates the team has a lot of potential. He learns from the players around him; watching how the other players deal with the game on a mental level helps develop his personal play. He says that, contrary to popular belief, "You can teach old dogs new tricks."

Karratti says that volleyball has taught him persistence in his dreams, and he dreams big. He hopes to participate in more experienced programs and go on to play in the international arena. Another dream is to develop the sport in Utah, his home state, so that there will be a big enough program to develop the emerging talent.

Rob Neilson

By Patricia Auxier



What: BYU Men's Volleyball

BYU men's volleyball 6'3" setter, Rob Neilson, knows what it means to be dedicated. He spends about four to six hours every weekday lifting weights, practicing, preparing in the training room, and watching film.

"But," he says, "it's all worth it to hang another banner; it's the law of the harvest." Learning dedication to one area, he says, effects all the other areas of his life, helping to refine the skills of a successful human being.

Neilson brings leadership and fierce competitiveness to the team, along with the essential skills of a prime setter. He loves performing for the Smith Fieldhouse crowds. But the dedication takes a toll on the body. He says, "It's not the jumping as much as all the landing. I feel like an old man already."

Neilson shows a lot of optimism for this upcoming season. He says the team has more experience as a group together this year, translating into an entertaining and successful season. Watch out for the home match against Pepperdine in early February and a revenge match versus UCSB who knocked the team out of last year's playoffs.



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Flashback to the '80s

From slap bracelets, to hyper color shirts, to boom boxes, yes, you grew up in the '80s. It's had its effect on you, no matter how cool you may be now. All of us look back at old photos and say, "What was I thinking?" Well, Schooled Magazine has put together an '80s flashback for you! Try taking the '80s quiz... see how stuck in the '80s you are! Or read up on some of your favorite '80s products and '80s fashion!

Favorite Cartoons of the '80s



Teenage Mutant Ninja Turtles



Care Bears

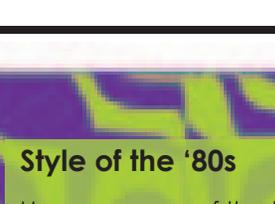


Smurfs



He-Man

Rainbow Brite



Strawberry Shortcake

Are you still stuck in the '80s?

See how much you remember! Try to get as many answers right as possible, tally up your score below to see how stuck in the '80s you are!

1. What is the name of the cat in the "Smurfs"?
2. Which one of the "A Team" was a pilot?
3. What was the name of Punky Brewster's dog?
4. What is the name of the "Dukes of Hazzards" car?
5. In "Knight Rider," what does K.I.T.T.'s name stand for?
6. What was the name of the robot girl on "Small Wonder"?
7. What was the name of the castle that gave He-Man his powers?
8. What was the name of Kevin's best friend in the "Wonder Years"?
9. Who was the fourth child on "Growing Pains"?
10. According to GI Joe, what was half the battle?
11. Who was the leader of the "Transformers"?
12. What was the name of the dog in "Fraggle Rock"?
13. What was Angela's son's name in "Who's the Boss"?
14. On the "Super Friends," what were the wonder twins names?
15. What was Alf's real name?
16. What was the name of Murphy Brown's news program?
17. Who was the host of "Double Dare"?
18. What planet did the Thundercats live on?
19. What was MacGyver's first name?
20. What snack food was portrayed in claymation dancing to "Heard It Through the Grapevine"?
21. History Question: What date did the wall come down?
22. History Question: Mark David Chapman was famous for what in 1980?
23. What cult-fave '80s movie features John Lithgow from another dimension?
24. What was the challenging method of catching a fly in "Karate Kid"?
25. What was the license plate number on the Ghostbusters car?
26. In "Dirty Dancing," what was Baby's real name?
27. In "Back to the Future" what speed did Marty have to reach to in order to activate the flux capacitor?
28. Who played the best friend of Sarah Jessica Parker in "Girls Just Want to Have Fun"?



Style of the '80s

Here are some of the top fashion for '80s.

Hammer Pants
Slap Bracelets
Hyper-Color Shirts
Jelly Shoes
Painter Hats
Bright Neon Shirts
Michael Jackson's "Thriller" Jacket
Scrunch Socks
Reebok High-Tops
Legwarmers
Spandex

T-shirt clips
Jelly /Gummy Bracelets
Polka Dots!
Jeans! Jeans! Jeans!
Jordache - Chic - Sergio Valente' - Calvin Klein - Gloria Vanderbilt - Sassoon - Guess Jeans

Hair Crimping
Mousse & Hairspray
Big Hair Bows- we can thank Madonna for those!
Mohawk Haircuts
Rooster Bangs

Answers on pg. 41

Fun Products From the '80s

Cabbage Patch Dolls: Cabbage Patch Dolls were the doll craze of the '80s and one of THE fads of the decade.

Popples: These were popular toys in the mid 1980s. Popples were able to pull anything out of their back pouch. The craze was so huge that there was also a cartoon that followed the fad.

Rubik's Cube: Erno Rubik was looking for a innovative method of teaching his students about 3-D objects and came up with what would be called Rubik's Cube. He patented this clever cube and made millions in the early '80s. There were 43 quintillion combinations of solving the cube, which prompted many books on how to solve the cube. The world record is 16.5 seconds!

Boom Boxes: This oversized radio was popular with the youth of the early and mid-'80s because they played music so loud, you could hear them from 100 yards away. Some had a special Bass Boost button that would make the boom boxes even louder.

Friendship Bracelets: Friendship bracelets came in bright colors and vibrant woven patterns.

Hacky-Sack: Too wimpy to be a jock, you had to be coordinated enough to kick a bean bag to play this game.

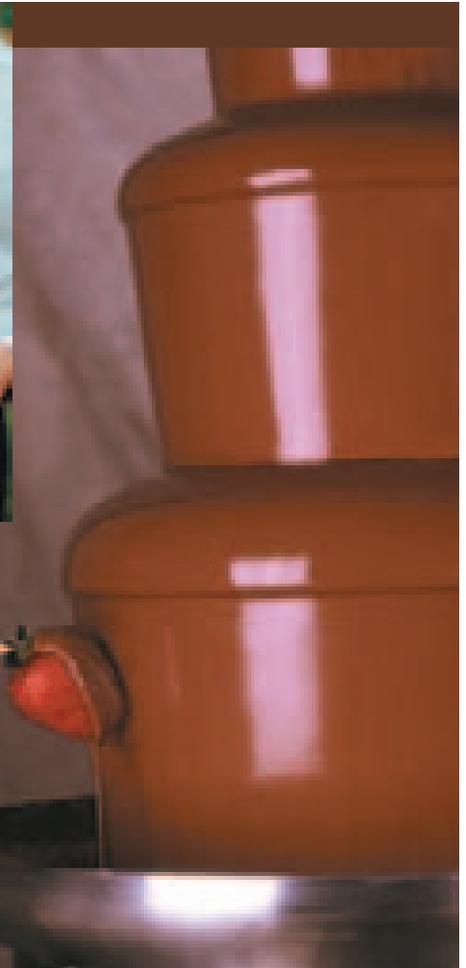
Tetherball: Napoleon Dynamite's favorite game. A tetherball is similar to a volleyball and is tied to a 10 foot, vertical pole by a rope. Two players, who each get half of the area surrounding the pole, try to hit the tetherball repeatedly in one direction so that the rope wraps completely around the pole.

Pet Rock: An ordinary rock with plastic eyes on it. This goofy fad made someone millions of dollars and a place in history!

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the lords of BEAT-TOWN

By Amy West
Photos By Robb Costello

The music pulsing, the circle swelling, the dancers breakin' – this is where you speak, and if you're good enough people listen. It's not a dance party until the breakers are out on the floor and we are "ooing" and "aahing" over the moves that seem to defy the laws of gravity. This scene is a lot more common here than you might think. **Breaking and the hip hop culture hit Utah Valley in the early 1990s, but has recently become a lot more popular.**

"Now it's huge," says beat-boy Moses Castillo, who has been dancing for eight years, "a lot of it now is coming from television." **But some break dancers from the Salt Lake area actually went to the big screen as dancers in the movie, "You Got Served."** Here in the valley, organized dances, except for school and church, were banned for a few years up until 2002, (yes, just like in Footloose) so the hip hop crowd made their way up to Salt Lake to "battle."

The first local high school to start a break dancing club was Timpanogos in 1999 by Kade Wood. The first two crews to beat the streets: Hellbound and the Agents. Now there are about 15 different crews in the valley. Also, there are places for breakers to meet on a regular basis: Provo High School and even BYU have break dancing clubs. Not only that, but schools invite beat boys to perform for their students.

"We'll go into schools, do a show, and tell the kids to stay away from drugs," says Castillo.

So why does the hip hop culture get such a bad rap?

"Hip hop isn't just about what they show on MTV and on the radio. It's about having fun and it's about unity and love," says DJ Gabe Ghent. Perhaps it's time we opened our eyes to a new perspective on hip hop.

"There are four elements to hip hop," says Dave Meleisea, known to his friends as "Munk," (a name well earned for his proneness to philosophize about everything). There's scratching, breaking, MCing, and graffiti." All these aspects of hip hop relate to each other and build off

the other making the culture what it is.

"Scratching" is the music. It sets the wheel in motion. In the late 1970s a DJ named Kool Herc, from Jamaica, noticed that these dancers would only come in during the chorus, or breaks of the song. With two turntables, he figured out a way to make these breaks longer – keep the break dancers dancing.

"A turntable, believe it or not, is an instrument," says Gabe Ghent, a 22-year-old UVSC student who has been a DJ for about five years now. Ghent, or DJ Scratchmo, is part of a DJ crew called the Crate Dwellers. (I imagine their rooms filled with dozens of empty milk crates filled with vinyl records),

"There are these big heavy drums in hip hop music – just this funky beat that you have to bob your head to," Ghent says.

Another Crate Dweller, DJ Abstrak, or Jonathan Harlos, says, "The job of a DJ is to keep the dancers hyped -- when they get hyped, we get hyped."

Breakin' is the dance of hip hop. "All we are as dancers is a translation to music," says Munk. "The ritual is to meet in a circle and go against each other for respect and see who is a better dancer. It looks like they're fighting when they're dancing, but after the circle we all remember who we are and where we came from."





This is the part that catches the eye. But what is it that makes break dancing so unique? Well, few other dances are based solely off of improvisation, and the whole aspect of spinning off your head on the floor isn't totally traditional. Melissa Scott, a 21-year-old BYU student, says "I like how playful it is. There's style and technique but you make it your own."

Kirill Elkin, a 17-year-old Provo High student says, "Break dancing is one of the few dances that people actually dance just to dance... other dancing is to perform."

The great thing about this improvisational style is that no other materials are required for performance. "Beat boys practice wherever," says Munk. "They'll practice on dirt, grass, concrete, and wood, whatever. Where they're feeling it is where they're feeling it."

MCing is the voice of hip hop. Munk says, "When the MCs are rapping and battling they're talking about their philosophies. It's all expressive. It's not like, 'cop-killers' and 'girl you've got a big butt,' – it's not about that. It's about who you are, what you see, where you're from – explaining how you've got out of a bad situation with good."

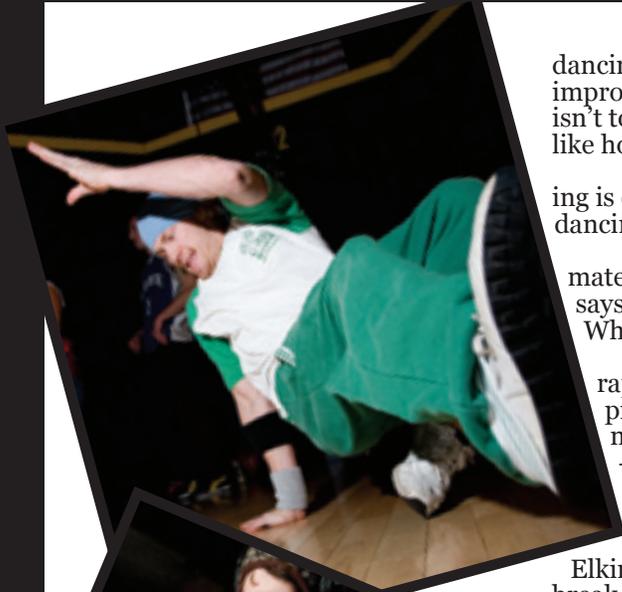
Graffiti is often one of the overlooked elements of hip hop. It sometimes gets a bad rap when it involves what's called "tagging," (graffiti on trains and tunnels and such) but, it is still an art form.

Elkin, "Cherrio," has used this type of art to design the T-shirts for the break dancing club at Provo High, and also used this style to paint a wall at the skater store Decline in Provo.

In Utah Valley the whole hip hop scene has brought together people from all different ages, races and backgrounds. It's for everyone. "It changes people – always for the better," says 19-year-old George Ruiz. "I've never seen someone go downhill from it. People think of the whole gangster thing, but everybody I've known – it betters their attitude and their life. They become more dependable too, it's kind of crazy."

Leo Moises, or beat boy Demonio, says about hip hop, "It's not my life, but it's my life style. It's a passion of mine... I think I'll do it until my legs break."

S





The 4-1-1 On Hip Hop

Hip hop is a dance from the 1970s, 1980s, 1990s, and 2000s that fits with Rap music. Many hip hop moves and styles have been adapted into Lindy hop. Hip Hop came from the Bronx in America When all poverty was breaking out. The people just sort of made it.

Hip Hop Moves:

- Body rolls
- Arm rolls
- Side-to-side jumps: jump, triple step, jump triple step
- Moon walk
- Foot behind knee, fall, rise with spin
- Fast foot work
- Breaking (Movement on the ground, in which you do spins, stalls, flips etc.)



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The Lowdown



Have you ever wondered what you would get if you took a gymnast, mixed them with a little hip hop, and add some martial arts?

Answer: break dancing.

You've probably seen these guys (and girls, of course) out on the dance floor. You know, right in the middle of the crowd. I have watched in stunned silence as these dancers perform some of the most incredible acrobatic moves possible out there. But where did it all start? How did this form of dancing develop? Well, it all began way back in 1969 with a guy named James Brown.

Brown performed an energetic song called, "Get on the Good Foot." His style of dance was soon mimicked and developed in New York by Afirka Bambaataa who taught it to urban youth. This young group became known as The Zulu Kings. The group soon began to win talent shows and dance competitions. Unfortunately, the group was also labeled a gang. When a rival street gang challenged the youth in a turf fight, Bambaataa accepted. But on one condition: the battle would be one of dance moves.

This form of competition began to grow in popularity as a form of mock combat between opponents. Weapons were replaced with complicated moves, mostly involving the legs. But soon a dance called, 'The Robot' was introduced, mainly due to the performance of Michael Jackson on national TV when he performed 'Dancing Machine.' Later, his 'moonwalk' would be incorporated in break dancing.

As time went on, another break dancing group was formed in 1979 called Rock Steady Crew. The Crew developed a form of dance called 'breakin'. Although extremely talented dancers, 'breakin' was not as popular. However, Bambaataa encouraged them to stick with it and shortly after they developed many of the

incredible moves we see out on the dance floor.

Soon a man named Clive Cambell, or Kool DJ Herc, began to add a twist to the dance. Herc found that by spinning two identical records he could cause the music to stay on the upbeat, or 'breaks' of the song. This increased the energy level in the dance competitions.

Eventually MCs, or Master of Ceremonies, were introduced with the main task of energizing the crowds. They would work to motivate the attendees to dance at certain times, or 'breaks', during the night. Breakin', or mock battles, would ensue with the MC playing referee.

In the early '80s, these break dance 'battles' began to attract the media's eye. Movies like 'Flashdance' and even recently 'Save the Last Dance' soon emerged. This attention allowed breakin' to be viewed internationally. Eventually, with the media labeling the movement 'break dancing', the dance's popularity skyrocketed. A few years later, break dancers were even included in the closing ceremonies of the 1984 Summer Olympic Games held in Los Angeles.

The attention soon dwindled, and break dancing went underground, practiced by only a few during the late '80s. But interest soon picked back up.

Through dance competitions, movies, commercials, and talk shows, break dancing began to grow in popularity in the 1990s. At school dances, clubs, and competitions, youth all across the world began to perform complicated spins, flips, and slides. Integrating a combination of breakin', salsa, tap dance, and a Brazilian martial arts dance known as Capoeira, break dancing has become a high energy form of entertainment and expression for thousands all across the world.

S By Jeremy Holm

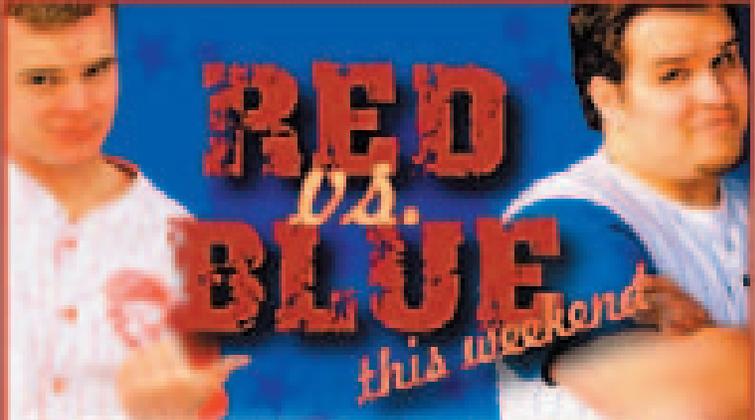



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Tips for a Better Tax Return

By Rebekah Jakeman

If you break a sweat when you file your federal and state income taxes, you are not alone. “Most students find taxes intimidating and too confusing. They don’t know enough about taxes, especially since tax laws are constantly changing, to file their own,” said Elizabeth Hansen, a first year MAcc (Master of Accounting) student at BYU and co-coordinator of the Volunteer Income TAX Assistance (VITA) program for 2006.

The VITA program is a service provided by the IRS and BYU’s local chapter of Beta Alpha Psi (composed of accounting, finance, and information systems students) who assist faculty, staff, students and members of the community in filing their income taxes. Not only is this program a tremendous service to those on and off BYU campus, but it offers practical experience for volunteer students to apply textbook knowledge to real life situations.

“I enjoyed working in the program last year because it gave me a chance to serve others and use what I learned in class,” says Tiffany Bishop, also a first year MAcc student at BYU and co-coordinator of the 2006 VITA program.

Everyone is invited to come to the VITA lab, in room 316 of the Tanner building on BYU campus, to receive friendly assistance in a confidential environment free of charge. Volunteers will answer basic questions in filling out forms and make students aware of any deductions or credits which apply to the student’s financial situation, for example: Many students are unaware of the Earned Income Tax Credit (EITC). Simply put, those over 25 years old or married with children, and have an annual income of less than \$35,000 can receive up to \$4,300 on top of their initial tax return.

“We recently met with the IRS and they informed us that 37 percent of people in Utah County qualify for EITC, but seven to 11 percent don’t file for it,” said Bishop.

It is a rewarding experience for both those helping and those receiving help. “I thought it was incredible. They were very helpful and very friendly,” Says John Romney, a BYU senior with a double major in economics and accounting. Romney enjoyed his experience at the VITA lab so much that he decided to work there. “It was a good hands-on experience,” he said.

Students will need to be sure to bring such information as their W-2’s from each employer and tuition/scholarship information when they visit the lab. (For a complete list of information to bring, please check the VITA website at www.vita.byu.edu.) The VITA lab will be open, starting Monday, January 30 through Friday, March 24. The VITA lab’s hours are 9a.m.-5p.m. Monday-Friday. They are closed on Tuesdays and Thursdays from 11a.m.-noon for the devotional. There are also special lab hours for international students (Tuesdays and Wednesdays from 5-7p.m.) and those with complicated tax questions (Fridays noon-1p.m.).

Bishop and Hansen point out that the ideal times to stop by for help are in the mornings and early in February. In March, the lab is much more crowded with longer lines. If you are interested in volunteering for the VITA program there will be a training meeting on Saturday, January 21. For more details you can contact Tiffany Bishop and Elizabeth Hansen at: vita.byu.edu.

1

Money Making Magic

By Rae Harris



Tutoring. This is a great job for students because it can be really flexible and it's basically the same thing you do all the time, anyway. Why study alone when you can study with someone else? You don't have to be a genius to tutor. The fact that you've actually completed a class may be an awe-inspiring achievement to a student wallowing in its depths. You can start by asking friends or roommates if they need help or know of anyone who does. If you feel uncomfortable asking people close to you for money, then don't. When I started tutoring, I wouldn't charge my close friends, but would ask them to refer people to me. I ended up with plenty of paying customers and avoided the awkwardness of placing bills under my roommates' pillows.

2

Cleaning checks. Of course you pass your cleaning checks, but some people don't. Many apartment complexes will pay their tenants to clean other apartments after failed cleaning checks or at move-out time. They may also pay to clean laundry rooms, clubhouses, or other facilities on the premises. Call your apartment office and ask if they have anything you can do.

3

Watch sports. Why watch sports on your couch for free when you can get paid to be there in person? There are plenty of jobs at any sporting event. You can officiate, keep statistics, run the scoreboard, etc.

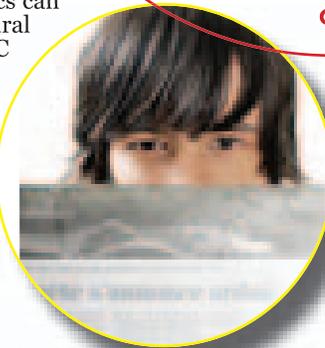
Try contacting university teams or the intramural sports office at your school. You could score big time! BYU Athletics can be reached at 422-2096 and intramural sports at 422-7597. To contact UVSC Athletics call 863-8653 and for intramural sports, 863-6163.

4

Get a newspaper route. I know, the hours are ridiculously early, but hey, you can't say it interferes with your class schedule, now can you? If you're not an early bird, or you can't handle the daily commitment, try

delivering magazines or flyers. Try contacting the Daily Herald at 375-5103 for more information.

Try eBay. Let's be honest, you have so much crap. Why not sell it on eBay? Someone wants it. And even if you're too attached to your own belongings, eBay can still be useful. Try buying tickets to concerts or sporting events and then selling them online. If you buy as soon as they go on sale and sell close to the event, you can make a serious profit. Go to www.ebay.com to get started.



6

Taste testing.

I can't think of a better way to make money. Eat your way to riches! Or at least some pocket money. BYU's Food Taste Testing Lab pays students to taste test foods for various clients. Interested students can fill out information sheets at the office and then are asked to come back as needed. The Taste Testing Lab is located in the Eyring Science Center and can be reached at 422-4345.

Ah, the life of a college student -- so little money and so little time. With a schedule jam-packed with classes, studying, work, and socializing, there can be little time to make extra money. Are you worried that you can't possibly squeeze another part-time job into your schedule? Don't despair! There are plenty of ways to fit a little more money-making into your ever-busy schedule. With a little creativity and an open mind, you can find plenty of ways to make a little extra cash. There are tons of student-friendly odd jobs out there; you just have to find out what they are. Talk to your friends; try a little networking with roommates and their families. Be willing to try different things until you find what works for you. Need some ideas for starters? No problem, we've got you covered!

Try Temp Agencies.

Many Temp Agencies offer flexible work for minimal hours each week. Some even offer one-time only job assignments. There is a wide variety of work offered, most requiring little or no experience in the area. So it is a great place to start if you have a few extra hours. Try Intermountain Staffing Resources, located in Orem, at 374-8000.

7

Explore the community.

Try all those things that worked when you were young, like mowing lawns, shoveling snow, washing cars, etc.

You just might have to expand outside of your own student-filled neighborhood. Jake Harris, BYU student and odd-job extraordinaire, recommends networking with friends' families who live in the area. "They usually pay you double what they would pay a high school student, just because you are in college. They have a kid in college, so they are more sympathetic to the cause." This also puts you in a great position to do work for the families' friends and neighbors. A referral will always get you further than a random knock-on-the-door approach.



8

5



- | | |
|---------------------------------------|-----------------------|
| 1. Azriel | 24. Using Chopsticks |
| 2. H.M. "Howling Mad" Murdoch | 25. ECTO-1 |
| 3. Brandon | 26. Francis |
| 4. General Lee | 27. 88 miles per hour |
| 5. Knight Industries Two Thousand | 28. Helen Hunt |
| 6. Vicki | |
| 7. Greyskull | |
| 8. Paul | |
| 9. Chrissy | |
| 10. Knowing | |
| 11. Optimus Prime | |
| 12. Sproket | |
| 13. Johnathon | |
| 14. Zan & Jayna | |
| 15. Gordon Shumway | |
| 16. FYI | |
| 17. Mark Summers | |
| 18. Third Earth | |
| 19. Angus | |
| 20. Raisins | |
| 21. 1989 | |
| 22. Shooting John Lenon | |
| 23. The Adventures of Buckaroo Banzai | |

Give yourself one point for each question you got correct, now see where you fall in the '80s.

20-28 correct
Zack from "Saved By The Bell" saved you a seat at the Max.

10-19 correct
Your not quite there, so you better send in the "A Team" to finish the job.

0-9 correct
You need to go "Back to the Future" to get some answers right.



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show me your ride

Photos By Amelia Neilson-Stowell



Exterior
6" lift kit
37" tires
17" wheels
Custom paint job

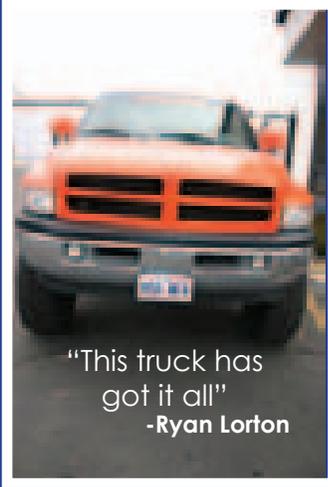
Ryan Lorton
2001 Dodge Ram 2500



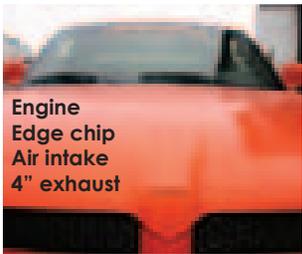
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"This truck has got it all"
-Ryan Lorton



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Photos By Deborah Barlow-Taylor

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Schooled has teamed up with Legacy Ford, located in Orem to bring you Project Legacy. Over the next four issues, you will see us take stock cars and make them into driving sensations. This month we are showing you a stock 2006 Ford F-150 4x4 SuperCrew Lariat. Next month you'll see how we've souped it up.

What we're going to modify next:

- Lift
- Wheels
- Tires
- Grill
- Stereo



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get your prank on!

Curses, Foiled Again!

By McKay Salisbury



What do you do when the president of your company says the department that pulls the best prank will win \$100 each? Cover an entire office in aluminum foil!

That's right. We covered all the walls, all the furniture, all his office equipment, every paper clip and even the sticky notes on his desk. We aim to never be outdone, and this was no exception.

The president of the company is quite the prankster. A few days before the birthday of the company's vice president, she sent him off on an errand and held a company meeting. The challenge? Each of the departments should pull a prank on him sometime on his birthday, with each member of the winning team receiving \$100.

We found a site showing pictures of a cubicle coated in aluminum foil. Those guys covered a 5x5 cubicle; we were dealing with a 15x12 office. Their time: three days. We had to do ours in a single evening. Mission: Impossible, you say? We decided to give it a shot.

We began foiling about 7:30 p.m., when everyone was out of the office. There was a lot to do, as everything in his office had to be wrapped. Our technique improved as we went along, but it took us longer than we anticipated. Early in the project we also thought we were going to run out of foil, but in the end we had more than enough. Every visible item in his office got covered. We also made a special effort to ensure that as many items as possible still worked. The foiled stapler stapled, the foiled filing cabinets opened properly and the foiled white out could be opened and used. We also paid close attention to details. We covered rubber bands, business cards, a business license, paper clips, even the post-it notes on his desk. Everything in the office reflected when we finally left at 4 a.m.

Even though we didn't get to bed until very late, a few of us decided that we wanted to be there when he discovered it, and he frequently arrives at work early, so we showed up to work early enough to watch his reaction. He came in a little later than usual, but when he finally arrived he was quite impressed.

Needless to say, we all came out \$100 richer and I came out with some really cool looking photos, as well as a story that I hope rivals any other foil story you'll hear for some time!

Prank Wars: Other Popular Pranks

By Stephanie Fowers



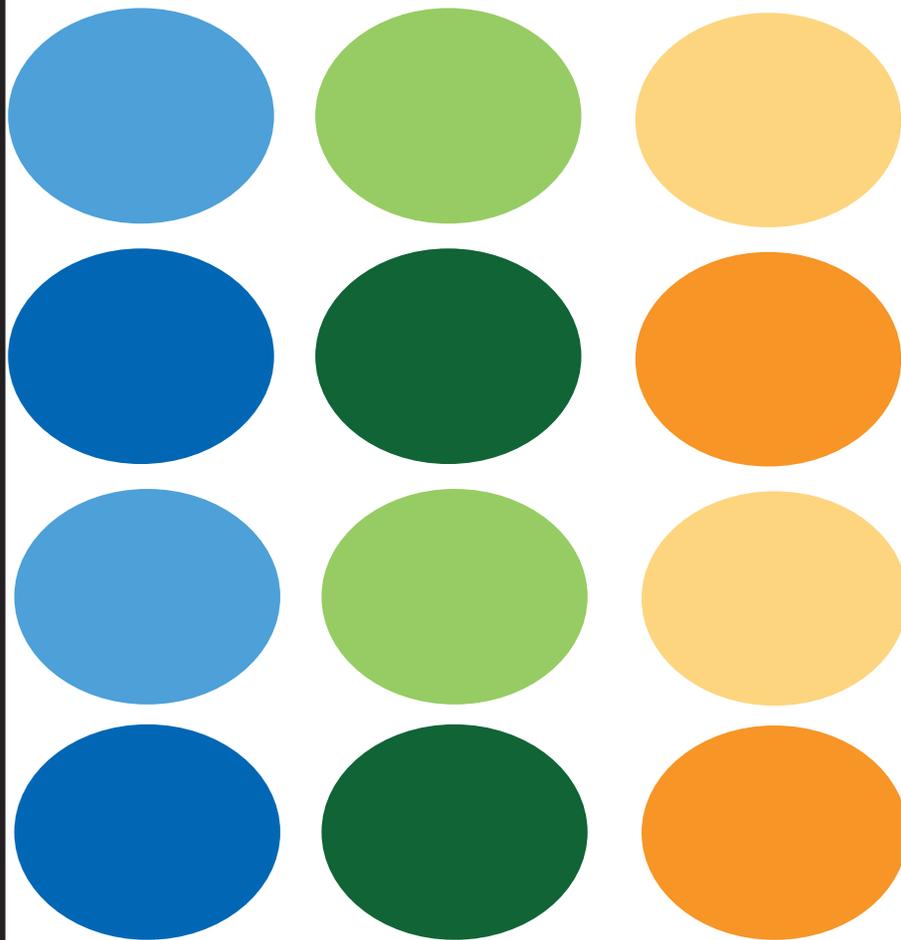
Christmas Delight

'Twas a week before Thanksgiving, and my roommate was religiously set against playing Christmas music until AFTER that magical day. It wasn't long after...that her car keys fell into enemy hands: ours. Through the means of much stamina and discerning intelligence on our part, we broke into her car, ducking behind the seats every time a civilian passed us from our ward (they would know that we were up to no good). We then proceeded to reprogram every preset station on her radio to the Christmas channels. The worst part was that after we had treated her for shell shock, she merely assumed her car had malfunctioned, not that some mad gremlins had been so cleverly at work.



You've been Cinder Blocked!

You know the call. We got it at 2 a.m. from our distraught neighbors and we jumped into action. We poured out of our apartment, almost tripping over a plate of old mashed potatoes left on our doorstep, most likely to deter us from this rescue operation. But nothing could stop us from running next door...except there was no door. Nope, just cinder blocks, trapping our screaming neighbors inside. After the obligatory pictures, we went to work, pulling down the cinder blocks. Once the prisoners were freed, we decided on a completely random counterattack...on civilians. No, they hadn't been the original pranksters, but we decided that any victim would do. We hauled the cinderblocks down a block to Moon apartments, making a line of girls in pajamas until we had finished the job. What a truly beautiful sight!



Summer Sales Guide 2006

Now's the time to plan for your summer

Summer Sales Insider Tips

By Jamie Littlefield

Last summer, BYU student Kyle Woodbury packed his bags and drove his Honda Civic to northern Virginia. For the fifth year in a row, the 25-year-old construction management major gave up a lazy summer of fly-fishing to spend his months knocking doors in the sweltering sun.

Every year, thousands of students like Kyle descend on U.S. cities with products in their pockets and money on their minds. These salesmen can be seen flooding the streets of suburban neighborhoods, knocking on doors for up to 10 hours a day.

What's in it for them? Summer sales companies say they give employees priceless training, rent-free living, and the opportunity to earn a five or six-figure income in just a few months.

In a county where \$8 an hour is an acceptable income for a college grad, summer sales can be an alluring adventure. But, don't jump on the bandwagon too soon. Not every student is cut out for a grueling summer of door-knocking and not every company lives up to its promises. To help you make an informed choice, we've consulted some of the top sales representatives in the nation.

How It Works

Summer sales companies recruit students through word of mouth and advertising. Interested students attend orientation meetings and are generally asked to interview with several people. Once given the job, sales reps choose or are assigned locations and teams.

They must fund their own transportation. But, the company arranges and pays for housing, generally an apartment shared with other salespeople. Once there, sales reps attend regular meetings with team members and work their assigned areas by going door-to-door for seven to 10 hours a day, six days a week.

Summer Money

When asked why they endure such long days, most reps give one reason: money. Reps are paid purely through commission, which means they make nothing on days they can't find a sale. But, the majority is able to find enough action to make it worth their while, and most return with a five-figure commission.

Kyle Woodbury says that his summer sales have given his small family financial freedom. "We own a house now," he says. "We've paid for school and put money in the bank."

The salesmen are generally paid a part of their commission every other week. The other part is saved until four months after the sales are made. If a customer decides to cancel the service before that time, then that sale amount is deducted from the second payment.

Deciding if Sales is Right for You

Selling door-to-door isn't right for everyone. It takes a lot of dedication and a strong work ethic. Successful employees often have relevant past experience such as participating in other sales programs or serving religious missions.

"You need persistence and good communication skills," says 24-year-old Brock Spears who spent last summer in Florida. "I don't think a lot of people can handle it."

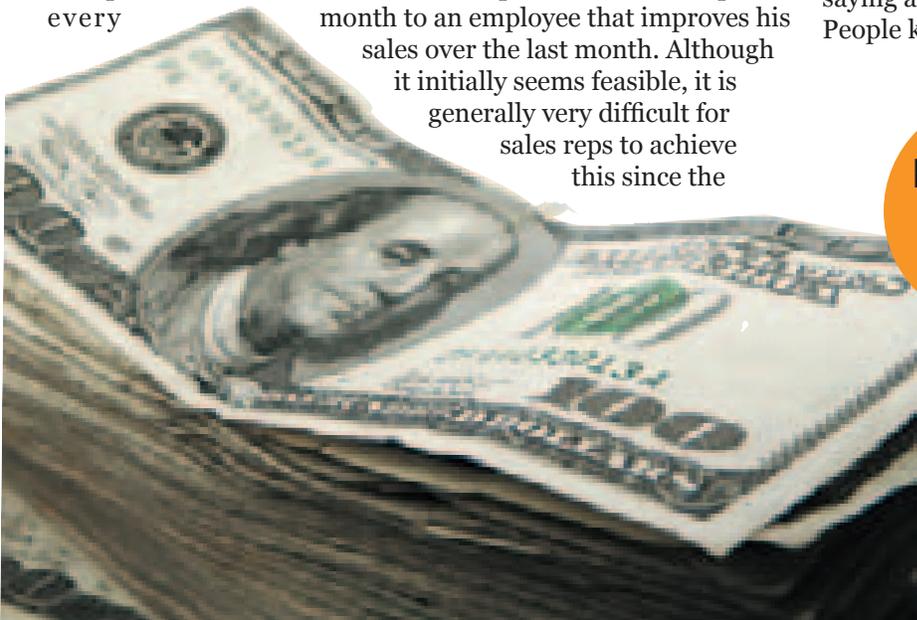
If you're trying to decide if sales is right for you, consider what you'll be giving up. If you are willing to work hard, are able to spend your summer away from family and friends, and are open to being trained, you'll have a better chance of success.

Choosing the Right Job

Once you've decided that you have the personality and dedication for the job, make sure you choose the right organization. Doing a little research on companies you're considering can save you a lot of letdown in the future.

Don't accept everything you hear. Before signing a contract, request that you see a physical copy of the company's payment records and ask to talk to a few of the first year reps from the previous summer. Companies have been known to skew statistics in their favor. If a company claims that it has 1,000 sales per office, for example, make sure that you ask how many employees are actually working through that office.

Also, be sure to search for "the catch" in any pay scale that is offered to you. It's common for companies to include "breakage" bonuses, or bonuses that look like they will result in high pay but are almost impossible to earn. For example, some companies boast a \$2,000 improvement bonus, paid every month to an employee that improves his sales over the last month. Although it initially seems feasible, it is generally very difficult for sales reps to achieve this since the



frequency of sales is unpredictable and since August has significantly fewer working days.

Because your income will depend on customer retention, it's also important that the company is able to deliver the services you sell. "Make sure that the technical side of things is really well managed," says 31-year-old Bret Toffer who spent last summer making six figures in southern California. "You can have a good sales team, but the tech side needs to be able to handle the customer." Selling a product or service that has name recognition and is known for prompt service can help in this regard.

Most importantly, make sure that the company shares your principles and that you can fit into their company culture. Organizations that have a reputation of treating their employees right and being honest are better than those that boast extremely high pay but have not kept promises in the past.

Finding Success

Once you've chosen a company, try to locate a mentor who can help you through the process. "Find someone you know that's done it before and has been successful, and then do it with them," says Kyle Woodbury. A friend can steer you away from unsuccessful areas, let you in on the tricks of the trade, and link you to a productive team.

When you're at a customer's doorstep, forget the salesman stereotype. "A lot of people go out thinking they have to be pushy, sly, used-car type salesmen," says Bret Toffer. "But, you don't have to be pushy. Be up-front and honest. You don't have to be tricky or shady."

Being able to strike up a conversation is important on the doorstep. Learn to read people and relate the product to their specific needs and interests, but don't overuse gimmicks such as saying a person's name repetitively or putting on a plastic smile. People know when they're being played.

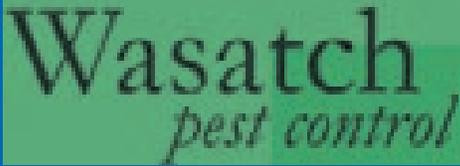
Hanging in There

Once you're in the field, the hardest part is selling strong for the whole summer. Rude customers and slammed doors can be common. But, stiff penalties such as loss of pay and back payment for a summer of rent are usually part of the contract for those who give up and go home early. If you start feeling burnt out remember that it's all a part of the summer sales experience. "You take a lot of rejection at first," says Brock Spears. "You just have to be persistent."



Pest Control Company Listings

"Selling pest control was the way for me to find financial freedom during the school year. Four months, made it possible for me to not worry about the bills for the rest of the year. It was hard work, but it's definitely paid off!" -Sam Tolon



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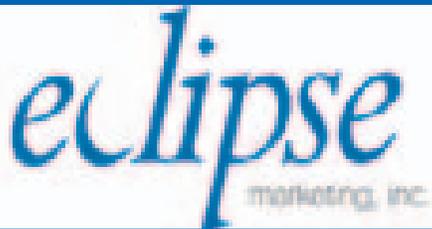
www.wasatchpest.com

Clark Pest Control 801-356-2000

Selling Locations: Southern, central and northern California
Contact: Todd Steck toddsteck11@yahoo.com



toddsteck11@yahoo.com



Eclipse Marketing 801-420-1504

Selling Locations: Nationwide
Contact: Byron Gifford btbingham@eclnet.com

www.eclnet.com

Capacity Pest Control 800-640-6546

Selling Locations: Nationwide
Contact: Britt Balkcom brittbalkcom@hotmail.com



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Selling Locations: All over California
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deweypestcontrol.net

Berrett Pest Control 800-588-7573

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Pest Control Listings Continued



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Contact: Shane Walker

www.elitesales.net

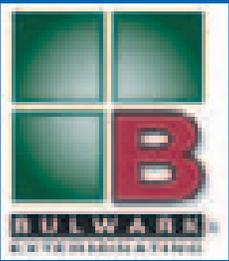
SalesCast..... 801-201-2887

Selling Locations: Nationwide, California

Contact: Scott Harmon



www.salescast.com



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Selling Locations: Austin, TX; San Antonio, TX; Mesa, AZ; Phoenix, AZ; Las Vegas, NV; Charlotte, NC; Raleigh, NC; Greensboro, NC; Atlanta, GA

Contact: Steve Monk and Aaron Seever

www.sellpestcontrol.com

Dish Network & Other Sales Company Listings

"Summer Sales has been an awesome learning experience for me. Now I have amazing communication and people skills, and I have learned that a little sweat and hard work really, really, really pays off." - Taylor Smith



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Contact: Nate Christensen

www.linxsatellite.com

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Contact: Nick Hansen

www.atlasdish.com



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Contact: Bryant Anderson 800-775-7827
bryant@northstaralarm.com

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ApxAlarm800-350-5697

Selling Locations: Nationwide

Contact: Chance Allred callred@apxalarm.com

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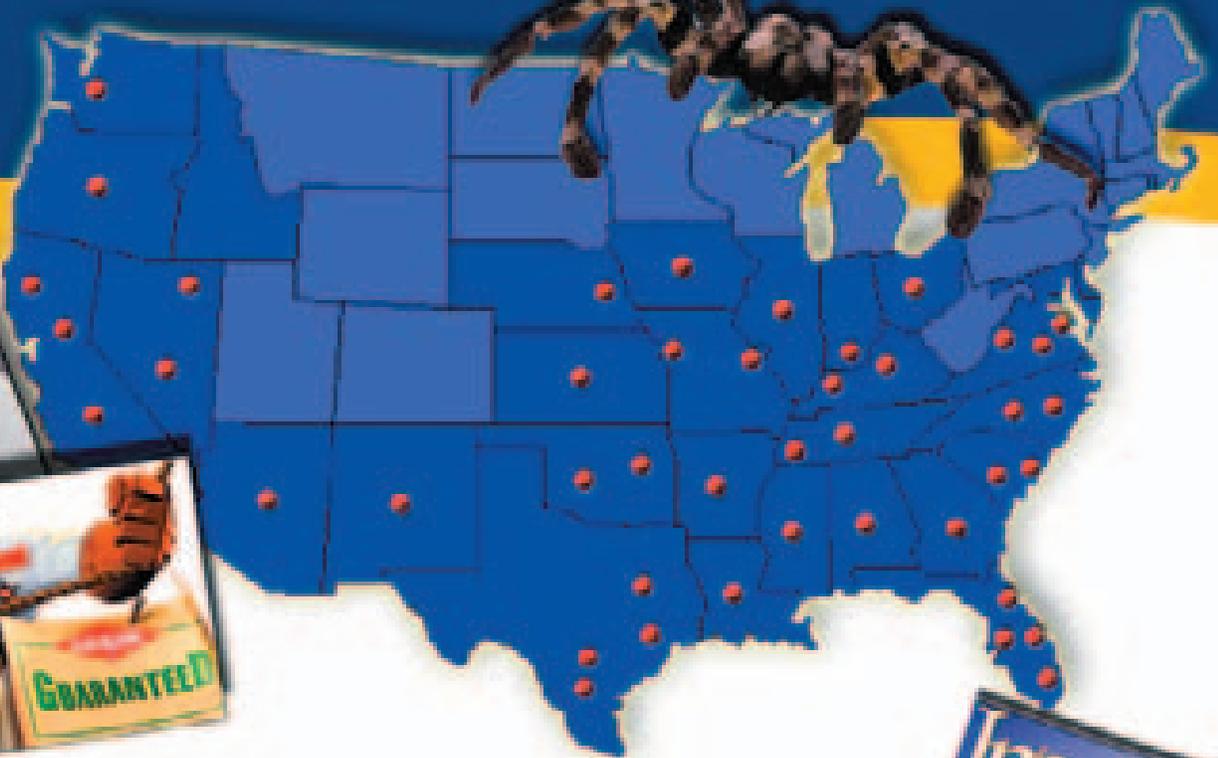
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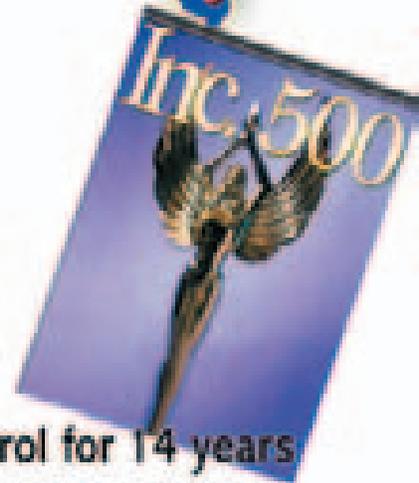
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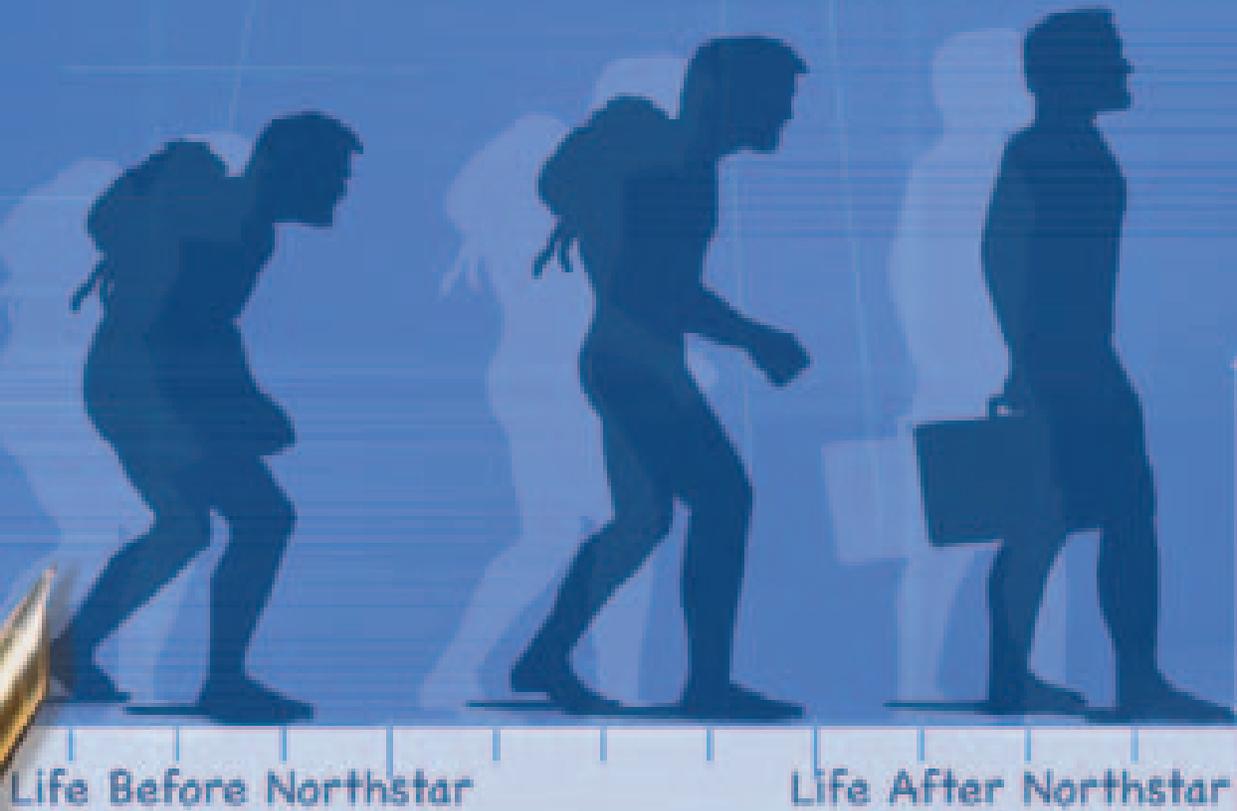


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300	3	35%	\$395	\$41,601

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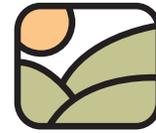
Jared Hess and Aaron "Kip" Ruell from "Napoleon"



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Information Meetings: The Belmont Clubhouse located at 454 N Seven Peak Blvd: January 18 at 7:30 p.m.- January 28 at 11:00 a.m. - February 9 at 7:30 p.m. - February 21 at 7:30 p.m.

SALESCAST

At SALESCAST, we are currently seeking independent sales organizations and team leaders to fulfill lucrative Pest Control contracts under very favorable terms in California and other markets!

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Schooled hits the hot spots and knows how to party!! We always have a camera on hand to capture the fun at each event every weekend so look for us around town.

Here is our Schooled Christmas party – what an awesome staff!!



Jeremy Holm and Kaitlin Phelps during the America's Cup 2005 race in Park City.



Jed Hanson speaking to T.E.A.M. Schooled.



We are hosting a huge Hip Hop Dance Party on Saturday, January 13th at 24-Hour Fitness' basketball courts. There will be a dance and a huge break dancing floor where you can watch or dance with the break dancers featured in the cover story of this issue. It's definitely a party that you won't want to miss.



THE John Paul Visits Provo

OK, so here's the buzz. John Paul DeJoria, co-founder of Paul Mitchell, and Winn Claybaugh, now co-owner of Paul Mitchell (and entrepreneur extraordinaire) left the corporate office in Beverly Hills last month just to drop by their hair school in our small town of Provo. Still not impressed? What if I told you that Paul Mitchell produces over 90 products, sells to over 90,000 hair salons in 61 countries for an annual retail sale of about \$700 million AND this is just their second visit here in 22 years? Yeah, now you get it!

To say the least, the future professionals (aka students) at the Paul Mitchell School were ecstatic. "It's cool to finally meet the guy who started everything. I mean everything was based on him," said Staci Trussel, a student at Paul Mitchell.

The 250 people in attendance made the event feel like a U2 concert. As soon as John Paul and Winn pulled up in a black SUV, the screaming and cheering grew to a deafening roar. "They're here! They're here!"

John Paul and Winn took endless pictures with all of the hair school students, press, and other excited guests to Paul Mitchell, The School. Schooled Magazine had the honor of taking a few pictures with John Paul, and when asked what he thought of the event, he said "It's such a joy to have so much love in a room... and people who actually want to take a picture with you."

-By Stephanie Fowers

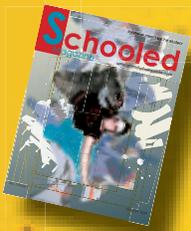


Schooled was there, along with about 5,200 college partiers at the rockin' New Year's Eve party held at UVSC. What a crazy night!

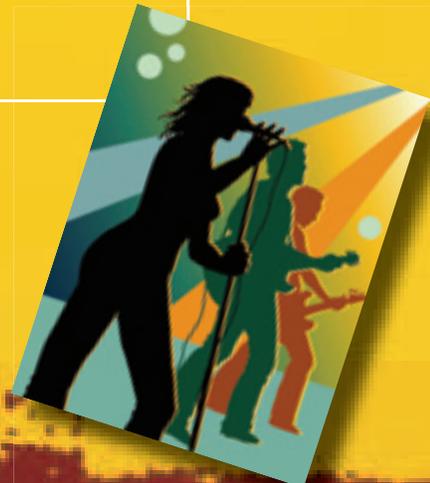
Schooled Magazine brings you the best calendar in the valley for college students!

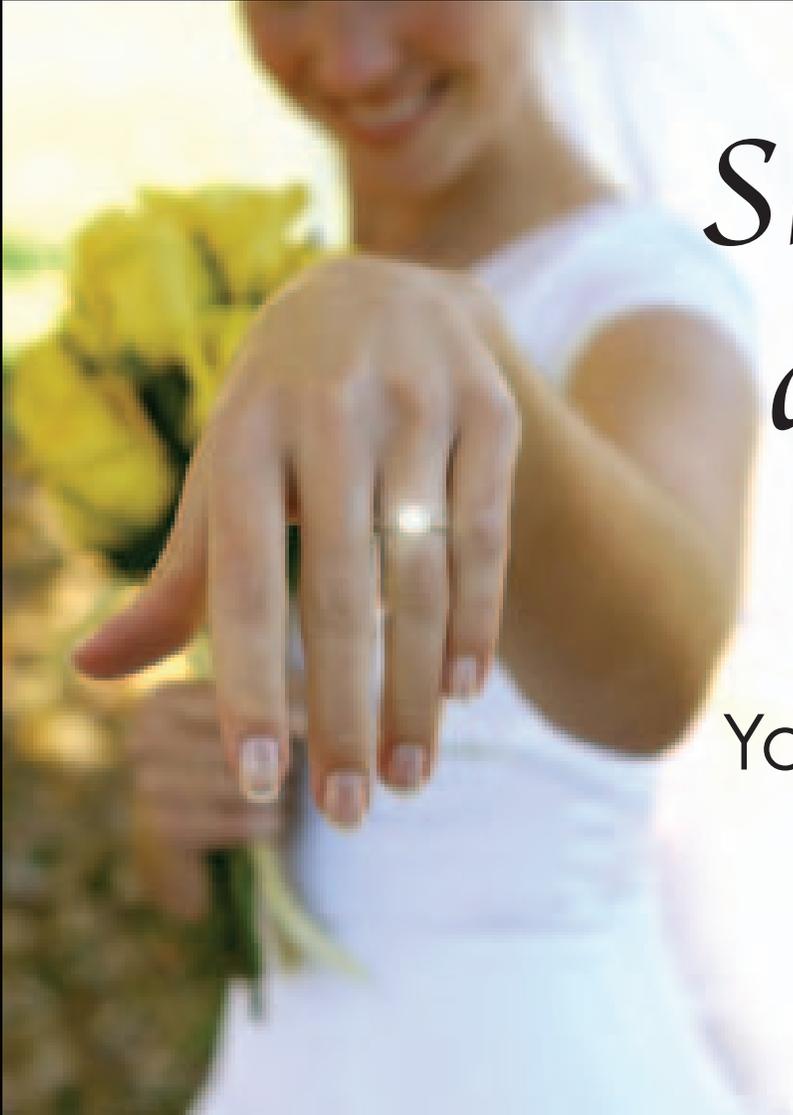
January

Mon. Tues. Wed. Thurs. Friday Saturday



<p>10</p> <p>UVSC Women's Basketball Free Hot Chocolate @ BYU Break Dance Performance Reel Big Fish Concert Schooled Magazine on Your Doorstep!</p>	<p>11</p> <p>BYU Women's Basketball Free Hot Chocolate @ BYU Ping Pong Tournament Schooled Magazine on Your Doorstep!</p>	<p>12</p> <p>Free Hot Chocolate Ambassador of Syria Lecture Pleasure Island Concert Schooled Magazine on Your Doorstep!</p>	<p>13</p> <p>Free Hot Chocolate @ BYU BYU Men's & Women's Swimming & Diving ComedySportz Color Me Mine Date Night BYU Men's Volleyball BYU & UVSC Men's Track Schooled Magazine on Your Doorstep! Schooled Hip Hop Dance Party @ 24 Hour Fitness 8pm-late!</p>	<p>14</p> <p>Bridal Fair @ Provo High Utah Jazz BYU Women's Swimming & Diving ComedySportz Color Me Mine Date Night BYU Men's Volleyball BYU & UVSC Track Invitational BYU Men's Tennis BYU Women's Tennis</p>	
<p>16</p> <p>HOLIDAY—NO SCHOOL!!!! UVSC Men's Wrestling UVSC Homecoming Week!</p>	<p>17</p> <p>Utah Jazz UVSC Women's Basketball UVSC Homecoming Week!</p>	<p>18</p> <p>BYU Men's Basketball UVSC Pinewood Derby UVSC Homecoming Week!</p>	<p>19</p> <p>UVSC Men's Basketball UVSC Hockey Homecoming game UVSC Homecoming Week!</p>	<p>20</p> <p>BYU Women's Swimming & Diving BYU Men's Volleyball UVSC Hockey ComedySportz Color Me Mine Date Night UVSC Homecoming Week!</p>	<p>21</p> <p>Utah Jazz UVSC Men's Basketball BYU Women's Basketball UVSC Hockey ComedySportz Color Me Mine Date Night UVSC Homecoming Week! BYU Men's Volleyball G. Love and Special Sauce Concert HUGE Concert</p>
<p>23</p> <p>Utah Jazz Sound Tribe Sector 9 Concert Pennywise w/No Use For A Name Concert</p>	<p>24</p>	<p>25</p> <p>Utah Jazz BYU Men's Basketball Aida Minnie Driver w/Martin Sexton Concert Songwriters Showcase</p>	<p>26</p> <p>UVSC Men's Basketball Aida</p>	<p>27</p> <p>ComedySportz Color Me Mine Date Night Aida</p>	<p>28</p> <p>UVSC Men's Basketball BYU Women's Basketball ComedySportz Color Me Mine Date Night Aida Toby Keith Concert Cake Concert The Wailers Concert</p>
<p>30</p> <p>Utah Jazz UVSC Men's Basketball</p>	<p>31</p>	<p>1</p> <p>Utah Jazz Aida</p>	<p>2</p> <p>UVSC Men's Basketball BYU Women's Basketball BYU Men's & Women's Swimming & Diving UVSC Hockey BYU Country Dance BYU Women's Gymnastics</p>	<p>3</p> <p>Utah Jazz BYU Men's Basketball Men's Volleyball ComedySportz Color Me Mine Date Night Winter Choirfest BYU Women's Tennis</p>	<p>4</p> <p>UVSC Women's Basketball UVSC Men's Wrestling BYU Men's Volleyball ComedySportz Color Me Mine Date Night Winter Choirfest BYU Men's Tennis</p>
<p>6</p> <p>Utah Jazz Schooled Magazine on Your Doorstep!</p>	<p>7</p> <p>UVSC Men's Wrestling Aida Schooled Magazine on Your Doorstep!</p>	<p style="text-align: center;">Go to schooledmagazine.com to get more info on the events.</p>			





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