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# Schooled

Magazine

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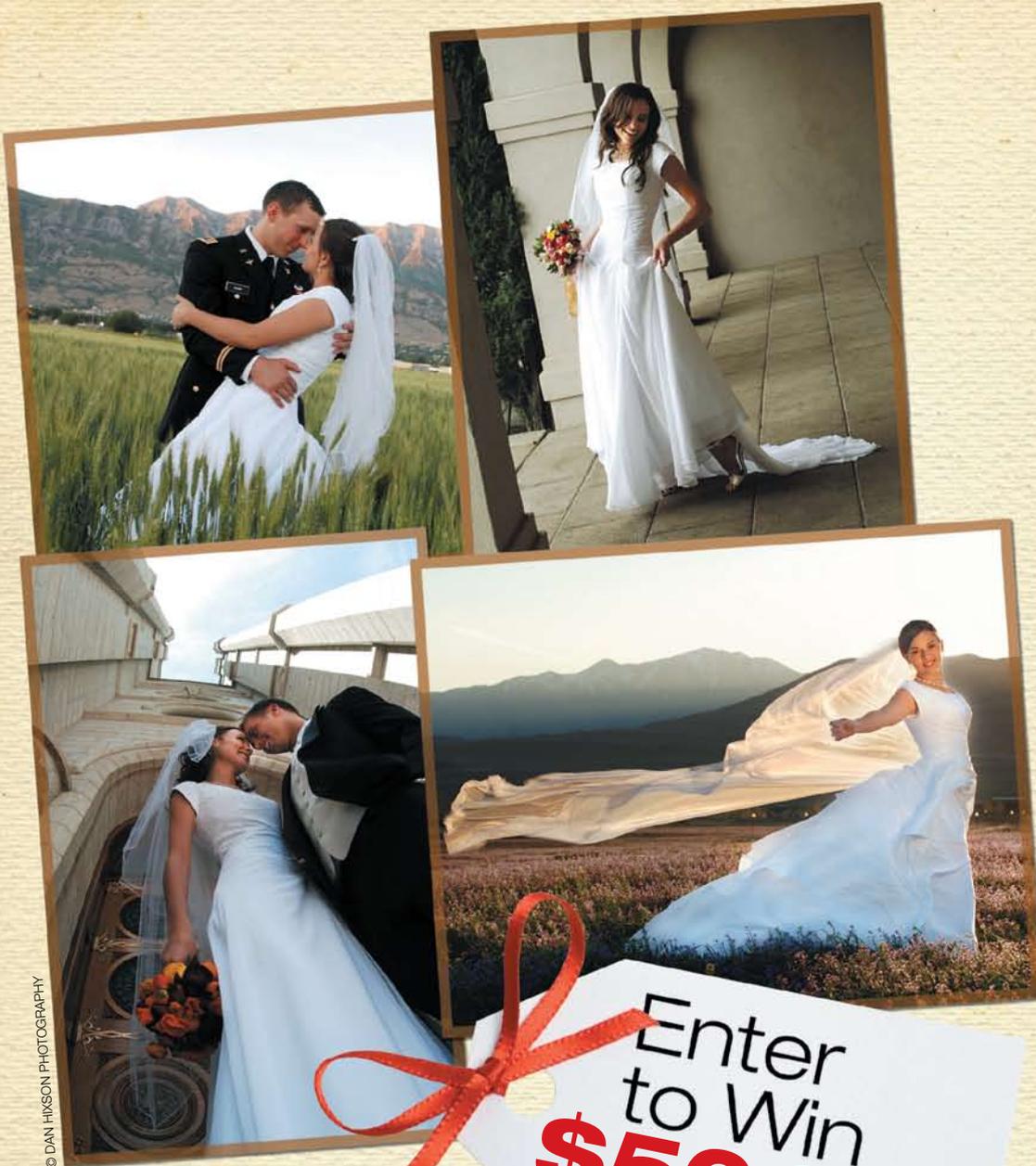
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## Did You Know?

According to a study done by the Obesity Society, newlyweds gain 6 to 9 pounds more over five years than singles.



## Buying A Used Car 101

By Rachael Cutler

Maybe with your large tax return you should think of upgrading that beat-up old 1985 Volvo to something...nicer, newer, better? Buying a used car can be pretty intense and stressful if you don't know what to expect. Here are some tips to help you prepare.

- 1 Go prepared.** Know your stuff and have an idea of what you want before you go. Ask friends and family, get online reports and gather other information before you even go look at your first car.
- 2 Don't settle.** After shopping for hours, days or even months, you may just want to settle because you are sick of shopping. Don't. You will regret it. Maybe take a break for a few days and then get back in the game.
- 3 They want to sell.** They know what to tell you to get you to buy. Take everything with a grain of salt.
- 4 Check online.** Find out an average price for the model and make that you're looking for. This way you can make sure you are getting the best for your dollar.
- 5 Get a loan.** If you are going to borrow money and purchase from an individual, one good way to get a loan is to check with lending institutions. If you are going through a dealership they can find out for you if you will be approved. That is one benefit of going through a dealership: they will help you do some of the paperwork.
- 6 Buy private.** Check Kelley Blue Book prices and then buy from a private seller. It will be much cheaper; however, make sure when buying private to ask lots of questions and test drive the car.



## To Buy or Not to Buy

By Mitch Mallory

Few things mean so much to college students as does housing. It can make or break your social life, not to mention provide – or not provide – an array of comforts. And with the recent drop in house prices, is it smarter to buy a house rather than rent an apartment? We'll explore the pros and cons of each.

**Buying Pros:** Having your own place is a definite plus. No unwanted roommates, having a dog, and actually getting to eat the food you buy are great too. Plus, since the market for housing is down, it is possible to get a mortgage on a house now and build equity over the next few years. You could make a little extra each month with having roommates, and you get some awesome tax breaks.

**Buying Cons:** Of course, the down payment is never easy to cover at this age. Usually in order to get a mortgage, the down payment is at least 10% of the price of the house. Also, it can be tough to have to pay so many bills: water, heating, electric, Internet, etc. And if any major repairs are needed, you'll have to cover the cost.

**Renting Pros:** Renting will be much cheaper short-term, as you generally pay in the mid-hundreds per month compared to putting thousands down on a house. Also, you can have many of your expenses subsidized or taken care of all together by sharing with a roommate.

**Renting Cons:** Two words: sharing showers. Besides having to deal with other people you may or may not like, renting can be a drag because you're essentially giving someone your hard-earned money each month and it's gone. At least with a house, it is possible to get back some of what you put in. Also, many apartments force you into a long contract and make it difficult and expensive to get out of it.

Obviously, the decision to rent or buy is a personal one. But students need to know that they have other choices besides living with five weirdos in a cramped apartment. Explore your options!

## The Craziest Laws Ever Passed

I'm sure we've all heard that throwing snowballs is illegal in Provo. (And according to state law, it's true!) With that in mind, Schooled Magazine went on a search to find you the most random and crazy laws ever passed here in the United States. Enjoy.

### Crazy Utah Laws

- Birds have the right of way on all highways.
- When people reach the age of 50 and are unmarried, they can marry their cousin.
- A husband is responsible for every criminal act committed by his wife in his presence.
- Not drinking milk is illegal.
- Women in Logan may not swear.
- In Monroe, there must be visible daylight between partners dancing on a dance floor.

### Other Crazy US Laws

- Alabama – A person who puts salt on a railroad track may face death. Also, it is a crime to keep an ice cream cone in your back pocket at any time.
- Arizona – If you get caught cutting down a cactus you can be imprisoned for 25 years. Also, you cannot let a donkey sleep in a bathtub.
- Arkansas – Schoolteachers cannot get a raise if they bob their hair.
- Kansas – if two trains meet on a track, neither can proceed unless the other passes.

- Virginia – It is illegal to spit on sidewalks.
- California – As of 1930, roosters cannot crow within city limits. In Los Angeles you cannot bathe two babies in the same bathtub at the same time. And finally, it is not legal to drive two thousand sheep or more down Hollywood Boulevard at the same time.
- Florida – In Miami, it's illegal for men to be seen publicly in any kind of strapless gown.
- Indiana – People are not allowed to enter a movie theater or ride public transportation within four hours of eating garlic.
- Michigan – A woman isn't allowed to cut her own hair without her husband's permission.
- New Mexico – It is forbidden for a woman to go anywhere in public unshaven. This includes legs and face.
- New York – Men cannot go outside if their jacket and pants do not match.
- Oklahoma – You cannot put a hypnotized person on display in a display window.
- Pennsylvania – State law prohibits singing in the bathtub.
- Virginia – Bathtubs are not to be kept in the house. They can only be kept in the yard.
- Washington – In Seattle, it is illegal to carry a concealed weapon that is over six feet in length. It's illegal in Wilbur to ride an ugly horse.

Sources: [www.thefoolsday.com](http://www.thefoolsday.com), [www.dumblaws.com](http://www.dumblaws.com), [www.main.com](http://www.main.com), [haribokart.7.forumer.com](http://haribokart.7.forumer.com), [www.ahajokes.com](http://www.ahajokes.com)

By Rachael Cutler



By Kailee Heger

It's the weekend. You want to have a group of friends over, but you can't figure out what to do. So many questions go through your head: Should we all watch a movie? Or what about playing games together? Should I provide food? If so, what? Do I make appetizers or buy them? How will I make room for everyone? How do you go about entertaining people? Let's dive into this.

**Food:** YES! Have food!!! It's part of the American culture. Food is an important ingredient of a good time. It's preferable to make home-cooked appetizers, but only if you are confident in your cooking abilities – otherwise, buy them. I know, the next question is what do you feed them? Chips and dip is simple. Make sure to get a variety of dips though, such as salsa, nacho cheese and guacamole. Maybe even consider a seven-layer bean dip. (FYI, that's one recipe you can hardly mess up making on your own.) Also, what about Papa Murphy's Pizza?! Tasty, fun to bake, unique topping combinations, and did I mention, tasty?! (I'm sorry. A \$5 pizza from Little Caesar's won't cut it.) And don't forget drinks! Get an assortment of soda flavors, but indeed buy juices for those who don't drink carbonation. Also remember, plastic cups may save your life. Buy them! You won't have to worry about running out of normal dishware or washing it all afterward.

**Treats:** Cookies, brownies, ice cream and toppings (maybe banana splits!), cake, rice krispies treats, popsicles, and/or candy including hard, chewy, gooey, and anything else sweet.

**Entertainment:** Movies are ONLY good when you are gathering couples. A bunch of friends that are single want to intermingle, especially since many do not want to sit and watch a movie without a cuddle buddy or special someone to snuggle up to. (There may be one exception when you would turn on the TV with a single crowd. *The Office* is one show that brings together singles, couples, families, roommates or pretty much any kind of group.)

**Games:** Get games a large group can play together. Good choices are Hoopla, Imagine If, and Nertz. You don't want anyone left out, so please don't put out various two- or four-player games. That could be a disaster. And I realize you may have more than eight or ten people (the number usually called for in a multi-player game). That's okay! Get two multi-player games going, then switch.

**Making Room:** Think about this before the party. Have people bring extra desk chairs, bar stools, etc.

Now do you not feel so overwhelmed?! A party IS in your reach. You can do it!



## What's Happening in April?

Want to know what's happening tonight? Visit [schooledmagazine.com](http://schooledmagazine.com) to schedule your week and weekends. Submit your parties or events online! We know what's happening around town!

### Get Involved With Schooled Magazine

Each month, *Schooled Magazine* distributes 10,000 copies to student & business doorsteps in the Utah Valley. Want to be involved? Here are some ideas.

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Send your news releases to [info@schooledmagazine.com](mailto:info@schooledmagazine.com). Deadlines for issues are the first week of each month, for the following month's issue.

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Our editorial and photography staff are always looking for fresh ideas and people to work for the magazine. All work is done part-time. We are also looking for models. Send a sample of your work and your resume to [info@schooledmagazine.com](mailto:info@schooledmagazine.com).

#### Story Idea

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#### Calendar

Our All-Inclusive Calendar includes events from all over Utah! If you have any events that you would like to invite our readers to, e-mail your information by the first week of the month, to get your event in the next month's issue. All submissions will be put on our online calendar. E-mail your event to [info@schooledmagazine.com](mailto:info@schooledmagazine.com).

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jennie NICHOLLS,  
rebecca RODE,  
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Advertising Director: 949.500.7934

Business Address:  
21242 Camelia  
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## Maestro's Gelato Café

By Chelsea A. Pyle

One night in September while walking down Center Street, I encountered a fairly large group of people all buzzing outside of a new establishment neighboring Los Hermanos. Upon glancing up at the sign overhead reading Maestro's Gelato Café, I squealed with delight. Gelato trumped ice cream as a personal frozen favorite after one spoonful during a trip to Italy, but I despaired of ever finding a gelateria in the states – let alone Provo, Utah. Maestro's triumphs with 24 different flavors ranging from pink grapefruit to Nutella, with all flavors tasting exactly like their names. Ever wondered what a frozen liquified, frozen Oreo cookie would taste like? Just try my personal favorite Oreo gelato. It tastes great mixed with tangy fruit flavors like lemon or red orange, and it comes in pints! If you're in the mood for more European fare, Maestro's recently added to its menu crepes with various toppings. Buon appetito! Visit Maestro's on 22 W. Center Street in Provo.

## Pizzeria Seven Twelve

By Chelsea A. Pyle

Pizzeria Seven Twelve is the hip new restaurant in Orem's Midtown Village. The owners, late of Sundance's Tree Room, use locally farmed ingredients. Thus far I have tried three of their six pizza offerings. Their pizzas are unnamed, but I have tried what I call the Margherita pizza (tomato, basil and mozzarella cheese), the Potato pizza (caramelized onions, potato, rosemary and fontina cheese), and the Olive pizza (bacon, Greek olives, red pepper flakes and onion). All were simply fabulous!



For a little something to begin with, I recommend the braised beef short ribs with Anson Mills polenta (a cornmeal dish), drizzled with horseradish cream sauce. The ingredients are delicious on their own, but together they're divine! The ribs are cooked to tender perfection, and the polenta adds a slightly sweet flavor. The whole thing is topped off with delicate spice in the horseradish cream. Seven Twelve is open for lunch and dinner, but the restaurant is small, so get there early on the weekends to beat the rush. Visit Pizzeria Seven Twelve on 320 S. State Street in Orem or at [pizzeria712.blogspot.com](http://pizzeria712.blogspot.com).

## One World, One Dream

By Chelsea A. Pyle

This summer the Olympic Games are being held in Beijing with the theme of One World, One Dream. Thousands of athletes from dozens of countries will compete in 302 events, one more than in the Athens games. Audiences can enjoy summer sport staples like tennis, gymnastics, swimming, and track and field, or they can sample more obscure sports like handball, field hockey and canoeing.

The Beijing Organizing Committee (BOC) is really trying to put its stamp on Olympic history with ambitious plans for the torch relay. Themed "Journey of Harmony," the relay will travel 85,100 miles, the longest of any other relay. Also, the BOC plans to carry the torch to the top of Mount

Everest. Yeah, you read that right. Construction began amidst environmental concerns in June 2007 for a paved 67-mile highway of sorts to scale the Tibetan side of the mountain. The torch will also visit cities along the Silk Road representing the ancient links between China and the western world.



It seems no international event can commence without a dash of controversy sprinkled into the mix of inspirational athletic anecdotes. The groups Students for a Free Tibet and Reporters Without Borders are already planning boycotts of the Beijing games.

For everything Beijing 2008 including news, events, schedules, athletes, and games, visit [olympic.org](http://olympic.org) or [en.beijing2008.cn](http://en.beijing2008.cn).



## Thanksgiving Point

By Rebecca Rode

You are fighting traffic on I-15, occasionally checking your rear-view mirrors and switching lanes. Suddenly it appears on the side of the freeway: a huge set of brightly-lit buildings, and a sign that says "Thanksgiving Point." You already know about the cinema and the family-centered activities hosted there. But did you know that Thanksgiving Point has several hot spots for college students?

**Hot Spot #1: The Gardens.** There is no better place to escape homework than in 55 acres of meticulous landscaping with themes such as the Secret Garden, the Butterfly Garden, and the Waterfall Garden. The Tulip Festival is another spring favorite, with millions of blooming tulips as far as the eye can see. Thanksgiving Point's official Garden opening is on March 29 at 10am. And for the men who bring their dates, know that it scores major points with the ladies.

**Hot Spot #2: The Museum of Ancient Life.** This place isn't just for science geeks anymore. The exhibits are interesting and informative, but the real attraction is the Xango Mammoth Screen Theater. After all, who isn't into sea monsters and 3-D dinosaurs? For \$15 a person, the exhibit/movie admission can also be a great date idea.

**Hot Spot #3: The Golf Course.** Thanksgiving Point's golf course, the largest in Utah at over 200 acres, is surprisingly popular among the out-of-towners and is highly ranked in several magazines. With prices starting at \$39, it is also one of the more expensive in the state, but it boasts a true golf experience. If your date complains about going miniature golfing, perhaps this is the place.

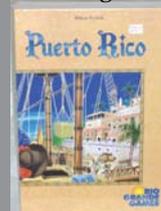
There are dozens of other popular events, including Farm Country – with wagon rides and farm animals – and the Art Institute, which teaches drawing, computer art, stained glass and pottery, to name a few. There are also workshops, seminars, receptions, and other events occurring almost every day. For more information, check out [www.thanksgivingpoint.com](http://www.thanksgivingpoint.com) or call (888) 672-6040.

## Puerto Rico

By McKay Salisbury

Winner of the German Spiel des Jahres (Game of the Year), Puerto Rico is a great family-style game. Like Settlers of Catan and Carcassonne, this strategic game encourages player interaction.

Each player is in charge of a plot of land for farming and part of the city for building. As game



play progresses, players try to grow and store crops, develop the city of San Juan, and ship goods back to Europe.

The rulebook is a little complicated, but the rules aren't that hard to learn if you play through a game. Find a smart friend who is willing to read the rule-

book, or have someone who has already played the game show you the ropes.

# Chicago Hip-Hop Artist Brings *Flair* to Utah

By Sam Scorup

Prince Earl Simpson was born in Indianola, Miss., as the second of three children. He was raised in Illinois and studied marketing at Illinois State University. So far, nothing sounds out of the ordinary for the life of this 28-year-old. Don't be fooled – nothing about the Chicago native's life has been ordinary.

"I've seen a lot of things in my life, and I don't want everyone to have to go through everything I did to learn the lessons I've learned," Prince said.

Rap artist Prince Early the Magnanimous grew up with a rough life where he became well-acquainted with the streets. His two best friends (and hustlin' partners) while growing up were taken from him in a span of five months – before reaching the prime of their lives. One of the friends was gunned down while involved in drug trafficking, and the other was shot during a police chase. Suddenly, of the three friends, all that was left was Prince.

"I've tasted the world – and it's painful," Prince says. "But the bad times make the good times even greater."

Music became Prince's outlet from life's struggles. He writes all his own lyrics and is heavily involved in the musical production. He now feels that his musical talent influences his spiritual life.

"Creation is a gift from God," Prince says. "When we create something, we get closer to our God because that's what He does. [With music], I began to see life differently with every stroke of the pen."

Driven by past tragedies and hard knocks, Prince is passionate about helping others avoid life's pitfalls. He practices what he preaches – and he works with at-risk youth in Utah.

"I want to instill a sense of hope [in them] for better things," says Prince. "There's a greater degree of glory in another life."

This "Magnanimous" artist is peculiar for reasons besides his bumpy early life. For instance, Prince has refused to have a TV in his apartment for the past year. He prefers reading books instead. He feels reading is more benefi-

cial than watching TV for someone whose craft requires skills of flow, rhythm and performance while using an extensive vocabulary in his rhymes.

Prince is currently living in Utah and banging out new tracks for his fans. He has performed locally at sites such as Velour in Provo, and he is prepping for a spring/summer tour that will hit hot spots like Miami, Atlanta, Chicago and New York before coming back to the West for shows in California, among other places.

With his second album, *The Lost Files: Memoirs of a King*, set to be released soon, Prince is looking to attract a wide audience with his fusion of eclectic sounds.

Working with his Magnanimous band and collaborating with other vocalists, Prince's set melds the tunes of hip-hop, jazz and soul music. Plus, his intelligent and clean lyrics apply to a broad audience that



www.myspace.com/princeearly1  
YouTube Video search under Robbennion.

transcends age, gender, race and ethnicity. Prince's faith drives his music, and his socially-conscious and spiritual messages are designed to uplift the listener and give a proper perspective on life.

Prince is upbeat about his upcoming release.

"On my first album, *King Me*, I was trying to see what people liked," Prince says. "On the new album, every song is going to sound different. The hard times represent real life, and people can relate to it."

"My music is to help people get a message. They should ask themselves 'what's the message? How can I grow from this?' Everybody has a cross to carry, but you have to move on to get through it."

Prince said he sees the potential in everyone to become great.

"We are all magnanimous, or at least we have the opportunity to be."

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## Date Night: Restaurants for \$25 and Under

By Chelsea A. Pyle

Let's face it: dating is stressful. Even for married couples, the cost of going out often leads many to pull their hair in frustration. But have no fear, the Dating Deal Guru is here.

Ever since moving to Provo, I've made it my self-appointed task to find the best places to have a good time without breaking the bank.

My focus today is restaurants. There are plenty of high-quality restaurants out there that offer fabulous meals at even better prices – especially if you and your date are willing to be adventurous and flexible.

You can do pricey restaurants without killing your budget. PF Chang's, Happy Sumo, and Bombay House all can be managed on a meager budget. The trick? Simple ordering. All of these places offer free refills on soft drinks, so just get one and split it. Trust me, you don't need the extra calories anyway. Also, if you find that you're often taking leftovers home in a doggie bag, try ordering one appetizer and one entrée, splitting both. The entrées at these restaurants are huge and often served family-style, so they're perfect for sharing. This method may leave money leftover to split a dessert.

Another great idea is doing a lunch date. Most higher-end restaurants have separate menus for lunch with smaller servings at smaller prices. Establishments like Ottavio's, Carrabba's, or even Chef's Table are frequently avoided by students due to their prices, but if you go for lunch you can easily manage to do a great meal for under \$25. Once again, try just getting one drink and water, an appetizer, and an entrée, then see if you feel up for dessert.

If you're in the mood for Mexican, try something different (and less expensive) than Los Hermanos. Las Tarascas (on University Parkway next to Albertson's) was named Best in State for 2007. All the recipes are inspired by the owner's grandmother's cooking from the Michoacan Province of Mexico. The word is starting to get out about this place, and being small it fills up fast, so get there early. According to a reviewer for the *Daily Herald*, Las Tarascas has the best chile relleno dish ever.

Not quite Mexican, but in the same spirit, is the restaurant El Salvador, whose fare keeps me coming back for more. Their menu consists of authentic pupusas, tamales, and pastelitos filled with various kinds of meats. Items are priced individually all under \$2, so you can afford to try a few different things. The tres leches cake for dessert scores as a light sweet treat.

My best-for-your-buck pick for barbeque is the Smokehouse. With locations in Orem and Provo, this place satisfies your meat needs. A half rack of ribs with two sides cost less here than at national chains like TGI Friday's or Chili's. If you go, look over the specialty pizza section of the menu. Their BBQ chicken and Thai pizzas dazzle with their flavor combinations. Also, their garlic knots are to die for!

Don't miss out on Guru's, the eclectic restaurant on Center Street. Heck, you might even go for the décor alone with fabulous abstract trees, screens, and lighting. All of their food is organic, so you don't have to feel too guilty about eating here, and with prices south of \$8 per entrée, what's not to love? Their rice bowls and quesadillas are irresistible. They even offer a punch card system to reward frequent guests.

Other places to add to your list to try should be De Mae for sushi (1/2 price sushi nights Tues. and Thurs.), Rice King for Chinese, Pizzeria Seven Twelve for specialty pizzas, and La Dolce Vita for Italian.

Check out these hot spots:

### PF Changs

575 University Pkwy, Orem

### Happy Sumo

4801 N University Ave, Provo

### Bombay House

463 N University Ave, Provo

### Ottavio's

77 E Center St, Provo

### Carrabbas

683 University Pkwy, Orem

### Chef's Table

2005 S State St, Orem

### Los Hermanos

16 W Center St, Provo

### Las Tarascas

2255 N University Pkwy,

Provo

### El Salvador

332 W Center St, Provo

### Smokehouse BBQ

19 N University Ave, Provo

214 E University Pkwy, Orem

### De Mae

82 W Center St, Provo

### Rice King

278 N Center St, Provo

### Pizzeria Seven

Twelve

320 S State St, Orem

### La Dolce Vita

61 N 100 E, Provo

## Best Date Movies

By Ashley Walton

The gender gap is never more apparent than when you and your date are both at Blockbuster, helplessly trying to pick a movie. The girl always wants to watch something cute and sentimental, while the guy is just praying that they aren't going to rent *Dirty Dancing*. Here are some date movies that are sure to satisfy both sides of the gender equation.



### Stardust

Tristan goes on a journey to find a fallen star and encounters lots of interesting characters and creatures. You've got your fair share of cheesy lines and cute scenes, but it's also packed with

fantastical adventure, sword fights, witty writing, interesting visuals, and hot actresses.



### Amélie

Show your date you aren't afraid of subtitles and it will be well worth your while. This is about a quirky young woman who decides to help others and in the process finds an equally

quirky true love. This film is unlike any other, peppered with funny flashbacks and beautiful cinematography.



### 10 Things I Hate About You

This is not your typical teen comedy. The characters have more depth and the writing is more engaging and intelligent than most in its genre. It's guaranteed to

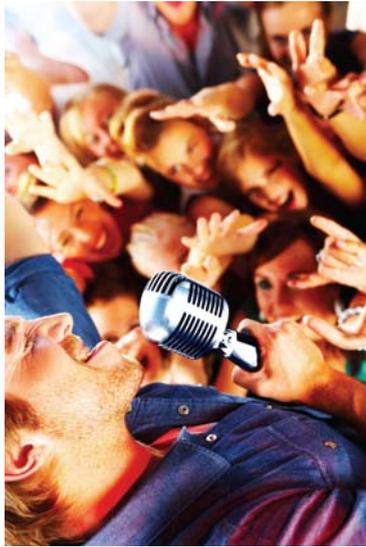
make you laugh out loud. It's full of love triangles, social awkwardness, and great one-liners. Plus, it was Heath Ledger's first film.



### Romeo & Juliet

So, the guys might be turned off by the quintessentially sappy Shakespearean story, but this is Shakespeare like you've never seen it before. It takes place in a modern setting, with

gun-infused gang brawls, crazy dance parties, and plenty of boyish humor. Since this film also incorporates the most famous love story of all time, this might be the most seamless meld of male and female tastes that you are going to get.



## Liven Up Your Friday Nights By Ashley Walton

Have you ever found yourself sitting around with your roommates on a Friday night complaining that there's never anything going on in Provo or Orem? Well, those nights are over! Here is your insider's guide to the happenings in Happy Valley.

### Music Scene

There are several places in Provo that have live shows every weekend. Velour Live Music Gallery, located at 135 North University Avenue, is a small music venue dripping with atmosphere and hipsters. It usually holds concerts five or six days a week, and it always has shows on Fridays and Saturdays. It has also been known to have late-night film screenings with drop-ins from movie actors. Visit [www.velourlive.com](http://www.velourlive.com) for information on upcoming shows.

Muse Music, located at 151 North University Avenue (just down the street from Velour), is another small venue that holds shows throughout the week and every weekend. Saturdays are usually jazz night and Mondays acoustic night. Muse Music has recently added a café to the venue, making it more conducive to hanging out and talking for a few hours before or after a show.

### Party Scene

Provo and Orem have the ultimate party scene. You can find at least a couple of parties every weekend if you know where to look. Try scoping out the party scene on Facebook.com, which is where most people and organiza-

tions advertise their events. You can search for anything from trance/techno dance parties to fancy mocktail soirées to music-swapping affairs.

Another place to check for party invites is on various campus bulletin boards and at cafeterias. Just by walking around a campus, you'll usually either spot a poster or receive a flier for some sort of shindig.

If none of the above are yielding results, there are some places that usually hold parties once or twice a month; try Southworth Hall, Apx, Moxie, Seven Peaks and Eclipse.

### Art Scene

Every first Friday of the month, the Provo art galleries are open late for the Gallery Stroll. Walk around to different galleries and stores and enjoy the art and snacks—all for free! You can relax and chat with local artists and designers or even buy a piece that catches your eye. Go to [www.downtownprovo.org](http://www.downtownprovo.org) for a list of participating galleries and their addresses.

Even if it's not the first Friday of the month, there's still art to be enjoyed around Provo. There are always storefront galleries up, which are vacant commercial properties transformed into spaces for artists to show their art. The locations of these can be found at the same website, but you can spot them easily just by walking around downtown Provo and peering into commercial windows.

### Performing Arts Scene

ComedySportz, located at 36 West Center Street, has interactive comedy improvisations every Friday and Saturday night. There are two shows per night—one at 8:00 and another at 10:15. Come laugh out loud and enjoy the experience of a true blue local comedy club. For more information, visit [www.comedysportzutah.com](http://www.comedysportzutah.com).

Support the local acting community and impress a date with dinner theatre at the Center Street Musical Theatre, located at 177 West Center Street. For information on which plays are showing and to purchase tickets, visit [www.csmtc.com](http://www.csmtc.com).

Now you have all the tools you need to combat Friday night boredom. If all else fails, there's always late night crowds at Denny's and IHOP. You're sure to make some friends.

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By Kristen Plumb

- 4. **Don't let your fear of being alone forever overwhelm you.** No matter what age, it is never too late for love.
- 5. **Have a positive attitude** – after all, there are worse things than being single. Keep things in perspective. Life is great. Don't let your life slip by because you're overly concerned with things that really don't matter in the grand scheme of things.
- 6. **Most communication is non-verbal.** When you go out, try not to expect the worst; it shows all over your face and through your body language. Do not fold your arms or keep your head down.
- 7. **Put the word out.** Talk to your friends about setting up a date for you. Not only will you have a point of reference – but also you can have your friends check out their background and give a full report on their previous dating life.
- 8. **If you think you can't, you can't.** If you have convinced yourself that you can't find love, you probably won't. Think positively about love and make yourself believe that you are capable of both giving and receiving love.
- 9. **Don't stereotype.** Another mistake that could be keeping you single is that you have a stereotype of the ideal man or woman and only want to date someone who fits the profile. While having preferences is not a bad idea, keep in mind that no one is perfect.
- 10. **Remember that it is healthy for an individual to be single for a while.** It opens up the horizon, lets you be introspective for a while and feel complete without being emotionally dependent on another.

Suddenly single? Been single for awhile? Seems like forever? Two of the biggest concerns for singles are the feeling of impatience of not connecting with someone worthy of them and their clueless understanding of what to do next. All of a sudden a negative attitude sweeps in and takes over their whole social life. They are willing to do two things with that attitude: one, sell themselves short with those best described as “losers,” or two, completely drop out of the dating life and “give up.” If this singleness malady sounds like you, follow this advice for a cure:

- 1. **Mingle, mingle, mingle** – without feeling pressure to meet The One. If you limit yourself to hunting down Mr. or Ms. Right, it will turn off others and also minimize your interests.
- 2. **Participate in some active hobbies you enjoy.** It will help you grow and get your mind off things. Most likely that significant other enjoys them too, and you might just run into each other.
- 3. **Reach out to both sexes who share your interests.** You'll make new friends, and they'll have friends to introduce to you as well.

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feature

# The Wright Trevor

By Mitch Mallory

to meet, and BYU Trevor's life has never been the same.

"It was fate, really," said BYU Trevor. "I decided to go to the festival at the last minute with hopes of sneaking into an All-American Rejects show going on up there. I never could have imagined getting any luckier than that."

BYU Trevor says his trip up to Park City took longer than expected, leading him to fear he might be missing the concert. "We ran all the way from our parking space to Main Street," BYU Wright said. "All of a sudden, I thought I saw him. The man himself! Trevor

Wright, my other half!"

Wright explained that he was a bit nervous to meet such a big star, especially one with such a great name. "I mustered up all my courage and approached him," BYU Wright said. "My heart raced and my knees got weak, but somehow I was able to stay conscious long enough to get a photo with Trevor!"

Whilst conversing, Trevor Wright informed BYU Trevor about his film MXP and added that he was very proud to have landed a starring role. Although the film didn't make it into the Sundance Festival, he said, it was still going to be a hit.

The saga of Trevor meeting Trevor may sound complete, but that's only part of the story. Even more exciting is the fact that a local Utah radio station had Trevor Wright on for an interview (at 4 am). During the interview, Trevor told listeners about his new film MXP. He also added that he had met some fans at the festival and was very excited that he was getting noticed and recognized.

"Hands down, it was one of the greatest experiences of my life," said BYU Trevor. "To meet someone with his acting skills, and with his repertoire, it was breathtaking. Meeting Trevor Wright was a great miracle and it changed my life forever."

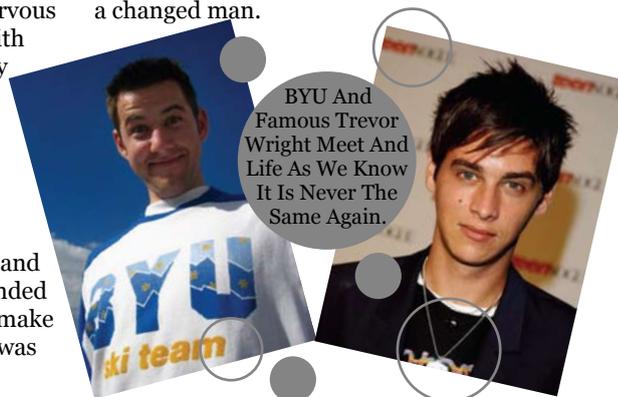
Some may call it luck, others fate. But whatever you call it, two Trevors converging on the Sundance Film Festival left one of them a changed man.



Meet Trevor Wright. Yes, the "star" actor whose roles have included a cameo on NYPD Blue, Kid #1 on Scrubs, and the lead role in the bomb film MXP. (By the way, that stands for "Most eXtreme Primate" and is about a snowboarding chimpanzee.)

Now meet Trevor Wright, the BYU student who has had a few movie roles in his life as well, including Boy #2 on Disney's Luck of the Irish. (For those of you familiar with this movie, listen for the line, "Way to go, Drake!")

The two have often been confused online and on websites such as imdb.com. In a chance encounter during a recent Sundance Film Festival, the two Mr. Wrights happened



BYU And Famous Trevor Wright Meet And Life As We Know It Is Never The Same Again.

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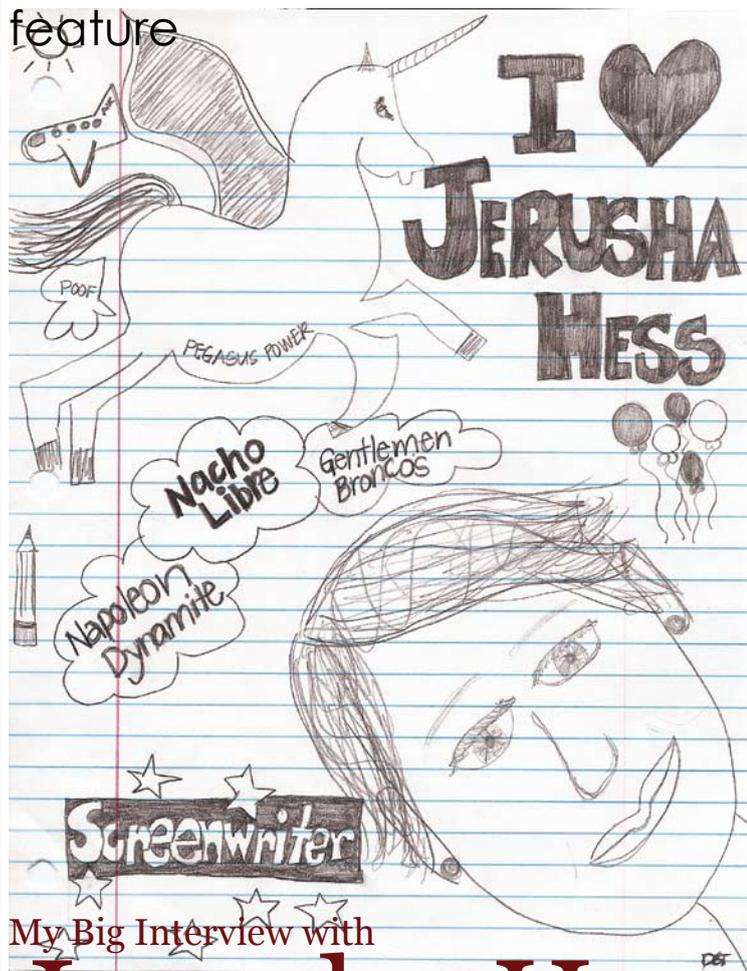
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feature



My Big Interview with

# Jerusha Hess

By Chelsea A. Pyle

Writing for Schooled Magazine has given me the opportunity and excuse to try many new things: boxing, movie reviewing, interviewing restaurant owners, etc. Now I've hit the jackpot! Thanks to having this fabulous writing gig and some crazy family connections, I was able to interview Jerusha Hess, writer (and wife of the director) for *Napoleon Dynamite*, *Nacho Libre*, and the upcoming *Gentlemen Broncos*. Her crazy schedule allowed for only an email interview, but hey, I'm not complaining. It went a little something like this:

**SM: Looking back, what was it like during the *Napoleon Dynamite* heyday?**

**JH:** Jared and I often talk about this very thing. It was so weird one day to write this little movie, the next day to make it, and then the next day see "Vote for Pedro" t-shirts plastered all over the world. It happened very quickly, but at the same time we were kind of sick of the film by the time it hit the theaters, so we just smiled and tried not to shop at Hot Topic for a few months.

**SM:** Some critics hailed *Napoleon Dynamite* as breathing new life into the "nerd" movie, what do you think about that?

**JH:** I think it breathed new life into the "nerd" himself – who cares about the movie? Kids across the country can play their D&D, carry their talismans and ride their unicycles in peace.

**SM:** What kind of industry experience did you have before filming *Napoleon Dynamite*?

**JH:** Jared and I worked on a few local films as camera assistants before *Napoleon*. I had never worked in the wardrobe department; I just wanted to have that control on *Napoleon Dynamite*.

**SM:** What was the hardest part of working on *Napoleon Dynamite*?

**JH:** It was hot, the days were long and torturous, we were all experiencing digestion issues from the craft service, being pregnant, not knowing what would happen to the film afterwards...the list goes on.

**SM:** What was your favorite part of working on *Napoleon Dynamite*?

**JH:** I think there were way more fun parts of this shoot, playing Rummikub with Jon Heder, sitting on my butt in the one air-conditioned room in Preston High School during shots, seeing the funny costumes on the actors, watching all the dance moves Jon came up with (there was ten minutes of that stuff), weekends at the rodeo, and being with all these cool crew members and actors that were pretty much doing Jared and me the biggest favor of our lives.

**SM:** What was the hardest part of working on *Nacho Libre*?

**JH:** Being in Mexico pregnant again. Hands down.

**SM: What was your favorite part of working on *Nacho Libre*?**

**JH:** I didn't do anything on *Nacho*, except complain probably. Oh wait, I co-wrote it, so that was my favorite part. I'd go on set for an hour every day and laugh my head off seeing Jack Black all lubed up, or Hector Jimenez looking all mangy, then I would go back to my adobe mansion. I felt like I missed the whole thing, but what can you do?

**SM:** Perfect segue into my next question, what was it like to work with Jack Black?

**JH:** Fabulous. The first time I met him I swooned. He is so handsome when you are in a dimly lit restaurant and only three feet away from his expressive eyebrows. He and Jared were pretty cute together, always playing video games and eating. His wife and I were expecting at the same time so we all had a lot in common.

**SM:** Was screenwriting something you always wanted to do?

**JH:** No, I wanted to teach English or drama or something silly like that. I really didn't have a strong focus until I met Jared, and then we decided we wanted to work together and...voila.

**SM: Are you working on any new projects?**

**JH:** We have begun pre-production on our latest film *Gentlemen Broncos*. We will start shooting in March. It is funny and very close to home with a strange sci-fi element.

**SM:** What are your hopes for the future?

**JH:** Jared and I want to keep making original movies. We love this. We really love writing together. It's the greatest! We get the babysitter for four hours a day and we go get breakfast together, write, get lunch, and then write a bit more. There is lots of eating and laughing, and a few tears sometimes when he doesn't like one of my ideas or when I hate his. We love this; we just want to grow old together with our babies and make a lot of funny films.

**SM:** Many people have noted that your movies are funny without being vulgar. Is that your goal?

**JH:** We are not vulgar people (though we do tend towards the potty talk these days with two little poopers in the house), so it is just natural to make films that are funny like we are funny (not meaning to brag). So is it our mantra? No. But are we going to continue making fairly tame comedies? Yes. We love that kids see our movies and flip out about them (though we have never shown our four-year-old Napoleon Dynamite – we just don't want him quoting it obnoxiously).

**SM:** Any advice for budding screenwriters?

**JH:** Write stories that you know. Even if they are set in a foreign place, embed your characters with yourself, your weird dad (that's always fun), or your wacky roommate. I just feel it will have more heart and be more realistic if you "know" these people you are creating. But don't take my advice; we wrote about a Mexican priest that we had never known and it turned out alright.



# Summer,

## Where Art Thou?

By Spencer Pettit

Spring is messing with your head. You go out the door in the morning to a beautiful, sunny, 50-degree day, fully decked out in your Daisy Dukes and flip-flops; by 4 pm you swear Mother Nature is totally laughing her metaphorical head off as you get hypothermia running for cover amid a flurry of wind and water in various stages of freezination. The only time you remember being more peeved was when the timer on your tanning bed was broken – you came out looking like Gap tattooed your body to campaign against AIDS in Africa. You have a personal vendetta against Punxsutawney Phil for psyching you into frostbite. Stupid little groundhog and his fickle shadow.

By this point the trauma might have convinced you that staying indoors for another few weeks is the only way you won't die before you have the chance to beat Guitar Hero III's "Through the Fire and the Flames" on Expert. But wait—there really is a light at the end of this ice-encrusted tunnel of seasonal annoyance: Summer. Ah, summer, when days are filled with the good things in life, like parties,

swimming, and meaningless non-committal relationships. I have found one place in Utah Valley that actually makes you feel like you're making the most of your precious 132-day break: Seven Peaks Water Park. Ha ha, you think I'm joking right?

Well, I'm totally not cracking a smile here. For reals. Despite what I'd heard before, it turns out that Seven Peaks isn't just a place where pre-pubescent teens go to interdigitate (i.e., hold hands, pervert). The park actually has a ton of space to slow-cook yourself, more attractions than you can count on both hands and both feet, plus I think Seven Peaks is one of the only amusement parks in the country that lets you bring in your own food (\$5 Little Caesar's pizza seemed to be the outside food of choice when I was there). Things like that make Seven Peaks look like summer nirvana.

The best way to have your Seven Peaks and eat it too is to get one of their season passes. The sweetest part is that they have a student deal where all you have to do is flash your student ID and a season pass is yours for a short

\$40. Day admission alone is something like \$20, so this student discount is the shizzle. They open Memorial Day weekend and close on Labor Day, so you've got about 84 days of unlimited admission to scope out some fine members of the opposite team and maybe get a real tan. Now if you could only transfer some of that heat to yourself right now, you might actually survive spring.





## Catch Some Z's

By Kailee Heger

No matter what stage of life you're in, sleep seems to be something you always want more of. But why? Do you wish for more shuteye because you simply don't get enough? Or maybe it's the quality of sleep that's just not cutting it? Is it possibly a combination? Do you not go to bed because you know you won't be able to catch those Z's anyway? What's a person to do?

Sleep is crucial. With a good night's rest, you can feel ready to tackle the day ahead of you. Power naps won't be sufficient for the rest of your life. So, here are some handy websites to help you in your search for better sleep.

- 1. [www.shuteye.com](http://www.shuteye.com)** - This website will help you assess your sleeping habits. Take their quiz that rates the quality of your sleep.
- 2. [www.helpguide.org/life/sleep\\_tips.htm](http://www.helpguide.org/life/sleep_tips.htm)** - Here you can find expert advice in "Tips for a Good Night's Sleep."
- 3. [www.mercola.com/article/sleep.htm](http://www.mercola.com/article/sleep.htm)** - Dr. Joseph Mercola shares a bit of his sleeping magic with "33 Secrets" to getting some sleep.
- 4. [hospitals.unm.edu/SDC/SleepQuizCalc.shtml](http://hospitals.unm.edu/SDC/SleepQuizCalc.shtml)** - Check out these quizzes to see if you have insomnia or sleep apnea.
- 5. [www.sleepfoundation.org](http://www.sleepfoundation.org)** - This website is the jackpot. Anything and everything you want to learn about sleep can be found here.



## Health Nuts Unite

Health stores have been popping up around Utah Valley in recent years. This trend suggests Utahans are becoming more health-conscious. At the forefront of this health food phenomenon is the desire to promote health and strength in both mind and body. So here are a few health food and vitamin stores in Utah Valley to help keep you on top of your game. **By Sam Scorup**

### Good Earth

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1045 S University Ave., Provo  
[www.goodearthnaturalfoods.com](http://www.goodearthnaturalfoods.com)

### GNC (General Nutrition Center)

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[www.gnc.com](http://www.gnc.com)

### Nature's Sunshine Products

75 E 1700 S, Provo  
[www.naturesunshine.com](http://www.naturesunshine.com)

### Nature's Way

1375 Mountain Springs Pkwy, Springville  
[www.naturesway.com](http://www.naturesway.com)

### Personal Health Lifestyles

3945 N Canyon Rd., Provo

### Vitamin World

4801 N University Ave., Provo  
[www.vitaminworld.com](http://www.vitaminworld.com)

## Best Workout Videos

By Rachael Cutler

If you can't find time to go to the gym and don't want to run outside in the cold, invest in a workout video. If you haven't used a workout video before, you may feel overwhelmed at the selection you will find. Here are some of the best in their categories.

- 1. Billy Blanks – Boot Camp.** Billy Blanks produces great videos. He brings Tae Bo, Tae Kwon Do, kickboxing and aerobics into his workouts.
- 2. Walk Away the Pounds with Leslie Sansone.** For those of you needing something a little less than Tae Bo, this may be the right fit. With videos available in 1-, 2- or 3-mile

workouts, you really do walk off the pounds and get a great cardio workout.

- 3. Denise Austin's J.H. Pilates Mat-work.** This video is great for those of you who want strength and toning. It uses your own weight for resistance.
- 4. Susan Grant- Perfect in Ten Yoga.** For those of you in a hurry, this may be the one. It gives you 10-minute sessions that you can do by themselves or in combination for a total-body workout.
- 5. Jillian Michaels – The Complete Workout for Beginners:** This video is easy to follow for those of you who are just beginning. You can tone up, burn a few hundred calories and feel great.

# Cougars vs. Wolverines

## The Rivalry That May Not Even Be A Rivalry

By Jennie Nicholls

It seems like a new rivalry is gaining strength in the valley lately. While the rivalry between UVSC and BYU has always been there, its presence is flying much higher on the radar these days. Adding heat to the fire may be the fact that UVSC achieves university status this summer, and perhaps the schools' close proximity can only be expected to fan the flames.

But are the two schools even fit to be rivals? Can UVSC steal away some of the University of Utah's thunder as a rival to BYU?

Although the two schools do not compete against one another on a consistent basis since UVSC is not in the Mountain West conference, the schools do share a consistent rivalry on the topic of education. The argument that BYU is harder and gives students a better education than UVSC is always a popular jab.

"They [BYU students] say that their classes are so much harder than UVSC's. But education is all the same. Overall, I think that college is going to be hard, period," said Abby Tryon, a business management student at UVSC.

On the flip side, a Middle Eastern Studies BYU student, Tyson Mason said, "BYU is probably more difficult because it is harder to get into and has a higher regard nationally for a reason."

Whatever side you agree with on that argument probably corresponds with the color of your T-shirt when attending sporting events where the two schools face off.

It is no secret that UVSC has struggled to gain solid fan support for its athletic programs. UVSC seems to lose supporters among its own students who choose to cheer for BYU athletics. Cody Kipp, a UVSC freshman and active member of the MAWL (UVSC's student section for athletics) said, "Zoobies are everywhere. Even if they go to UVSC, they still cheer for the Y."

The intensity of the rivalry between the two schools is surmounted only by the unprecedented hate that is brought out in students during BYU-Utah games.

Casey Winters, a UVSC student but BYU fan said, "I don't think BYU people care about UV people."

UVSC may be creating a rivalry that the other side does not even know exists since BYU is traditionally known for having an enemy in red. With UVSC soon becoming UVU – and with whispers fluttering around of building a new football stadium – a green enemy might not be too far off the Cougars' paws.



## What to Do When All of a Sudden You Find Yourself Out of a Job

Sometimes due to circumstances outside your foreseeable control, without warning, you find yourself unemployed. Even when you know it's coming, the prospect of having to look for work stresses out even the most stalwart. Here's some helpful advice for your next job hunt.

By Chelsea A. Pyle

**1. Freak out.** No really, I mean it. Eat a pint of Ben and Jerry's. Indulge in a movie marathon (Jane Austen flicks for girls, Star Wars for boys). Sob to your parents on the phone, but by all means treat yourself to some form of catharsis – just as long as you deal with the stress of finding a new job in a constructive manner. Deal and move on.

**2. Review your resume.** Hopefully, you already have a resume that just needs a once-over for updating purposes. If you do not have a resume, get one – now! There are online helps, but the best resource is some kind of career placement office. Both UVSC and BYU have excellent alumni offices with entire departments devoted to career aids for former students.

**3. Apply to positions.** With a resume in hand, you're ready to start applying to positions. But where should you search for job postings? Once again, both BYU and UVSC alumni departments can help. There's always Monster or Yahoo's Hot Jobs. Don't forget classifieds with the Daily Herald, the Salt Lake Tribune, or KSL. Most important, work those connections. Tell your parents to tell their bosses or their friends, ask for referrals from your former employer, etc. Networking has inestimable value when it comes to finding a good job.

**4. Apply to them all.** Now that you've found a wealth of postings, apply to all of them. Apply to every single job that looks even remotely interesting within your field or past job experience. Send your resume to as many places as possible, even your favorite companies that may not be hiring. Call and find out who would be the best person to send a resume to and ask how positions are usually filled. Mass distribution increases your chances of finding a position that fits.

**5. The interview.** Companies are now starting to call you for interviews – great. Never schedule interviews too close to each other; allow for at least an hour between interviews. Arrive early to your interview, meaning fifteen to ten minutes prior. This gives you ample time to park and find the office. Also, take a hard copy of your resume with you just in case, thus conveying to future employers that you're conscientious and prepared. Moreover, dress appropriately. Business casual works on most occasions. Slacks and a dress shirt are always appropriate. It never fails to impress if you're dressed professionally. As a final note about interview manners, there's a fine line between being too familiar and being forgettable. Be polite, but not indifferent. Be confident, but not overbearing. You want to impress the interviewer, not scare them.

**6. Follow up.** Finally, follow up with your interviews. Send thank you emails briefly detailing how appreciative you are of the time they spent to interview you. Once again, this serves simply as a reminder of your interest and meticulous etiquette. First impressions and last impressions often stick out the most in people's minds, and they influence an employer's judgment of you. Calling to ask about the decision progress may make you seem too anxious, so if you do call keep it brief.

## hot topic

### He's a stereotypical BYU, mormon, guitar-playing guy

By Scotty Spjut

**F**or some, Provo is a place where futures are realized. For others, it's a place where awkwardness is discovered. But for any young man who arrived at BYU with a guitar strapped to his back, it's a place where dreams die.

Mormon boys are taught early on to develop their talents. This means they learn to play the piano. Sure, there are plenty of other good talents out there, but parents don't care about those. Being able to shred on the guitar isn't going to help when serving a mission in some foreign country where no one knows how to play the piano.

So, they take the requisite few years of piano lessons until they convince their mothers not to force it upon them anymore. Then they save up their money for a guitar and dedicate their lives to becoming rock stars. Apart from the jocks, they're the most popular kids in high school (because, really, you can't compete with the letterman jacket). Realizing rock-dom is a great way to get chicks, they commit themselves fully to their trade and plan on making a career for themselves – then make the worst decision of their lives. They come to BYU.

You see, where they were once the cream of the crop – with their band name that surely started with “The” – they're now a dime a dozen. Everyone at BYU plays guitar, and probably better than they do. They contemplate reverting back to their piano days, but don't because they realize they'll never be as good as that piano performance major in their ward who, growing up, was undoubtedly beaten if he didn't practice.

This sad story repeats itself every year, making Provo the highest city in the country, per capita, for guitars collecting dust.

But there are some who overcome the oppression of BYU. They may not be topping the charts, but they stay sharp on their skills.

Now, don't misunderstand. I'm not talking about that young man you see around still using the guitar as a tactic to get girls. You know, the one who presses on, not out of dedication or commitment to music, but out of delirium. The one who is still living that high school dream hoping girls will flock to his feet and swoon at his “deep” lyrics.

He wears only plaid shorts or pre-ripped jeans, and usually has several popped collars. If wearing a t-shirt, it will almost have something “clever” printed on it like “Kenya Dig It?” or some '90s video game icon. He wears puka shell necklaces – but thinks it's spelled “pooka” – even though he's never been to the beach. He can almost always be seen with an energy drink in hand, citing his recent or imminent trip to the gym as his reason for having it. Most physical processes – like walking, speaking and thinking – are done much more slowly than would be by a normal person. He cannot contribute to any conversation which doesn't involve girls, cars, gyms, extreme sports or Xbox.

Yeah, I'm not talking about that guy. Not the guy who is ruining the guitar for the rest of us. Not the guy who learned one song on the guitar ten years ago – most likely “Good Riddance (Time of Your Life)” by Green Day – then plays it at parties and, for some reason, thinks it's impressive he's still living in the '90s.

No, I'm talking about the noble few who, from time to time, pull out that dusty guitar even though their music-career aspirations have been snuffed out by reality. Those who, even though their guitar playing may have never fully come to fruition, still play in the privacy of their bedrooms. They don't play for fame or for women, but for fun and for themselves.

But, you know, if fame, money or women just happen to come along, even better.

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